



Cold Cereal Variety

May contain no more than 6 grams of sugar per serving:

- Cheerios Oats
- Cinnamon Chex
- Cinnamon Toast Crunch
- Marshmallow Matey's



For menus and nutrition info, visit MealViewer.com or download the app.
[Click to go to the website.](http://MealViewer.com)

MealViewer

Menus are subject to change!

We do our best to provide our customers with all our planned options, however occasionally weather, crops, and supplies have other ideas!



Monday	Tuesday	Wednesday	Thursday	Friday
3 Cold Cereal Variety (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	4 Blueberry Mini Loaf & String Cheese Stick Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	5 Cold Cereal Variety (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	6 Banana Bread Slice Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	7 Yogurt Cup & Honey Graham Crackers Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk
10 Cold Cereal Variety (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	11 Blueberry Mini Loaf & String Cheese Stick Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	12 Cold Cereal Variety (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	13 Banana Bread Slice Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	14 Yogurt Cup & Honey Graham Crackers Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk
17 Cold Cereal Variety (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	18 Blueberry Mini Loaf & String Cheese Stick Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	19 Cold Cereal Variety (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	10 Banana Bread Slice Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	11 Yogurt Cup & Honey Graham Crackers Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk
24	25	26	27	28

