



Cold Cereal Variety

May contain no more than 6 grams of sugar per serving:

- Cheerios Oats
- Cinnamon Chex
- Cinnamon Toast Crunch
- Marshmallow Matey's



For menus and nutrition info, visit MealViewer.com or download the app. [Click to go to the website.](http://MealViewer.com)

MealViewer

Menus are subject to change!

We do our best to provide our customers with all our planned options, however occasionally weather, crops, and supplies have other ideas!



Monday	Tuesday	Wednesday	Thursday	Friday
3 Cold Cereal Variety (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	4 Chicken Biscuit Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	5 Cold Cereal Variety (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	6 Maple Sausage Pancake Wrap-stick Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	7 Cinnamon Waffle Mini Bites Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk
10 Cold Cereal Variety (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	11 Sausage Biscuit Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	12 Cold Cereal Variety (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	14 Bacon & Cheese Egg Bite on Brazilian Bun Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	15 Apple Cinnamon French Toast Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk
17 Cold Cereal Variety (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	18 Chicken Biscuit Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	19 Cold Cereal Variety (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	20 Maple Sausage Pancake Wrap-stick Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	21 Cinnamon Waffle Mini Bites Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk
24	25	26	27	28

