Student Name _____ Grade _____ Sports(s) _____

Palm Harbor Middle School
2025-26 Athletic Participation Checklist

Please staple proof of the following documents and turn the completed packet with this cover sheet into the 8th grade office no later than TWO DAYS prior to the date of tryouts for your chosen sport.

ALL paperwork must be stapled together and turned in at the same time. Incomplete packets will not be accepted and may prevent a student from participating in tryouts. Documents can be found on our school website under Athletics.

1. _____ Middle School Athletic Participation Checklist
2. _____ Preparticipation Physical Evaluation (sports physical)
3. _____ Proof of school insurance – print receipt and attach https://www.pcsb.org/studentaccidentinsurance
4. _____ Signed Student Athlete Expectation Form
5. _____ Participation form signed by legal guardian
6. _____ A cumulative 2.0 middle school GPA is required to be eligible to participate in school sports.
   (Incoming 6th graders are exempt 1st semester as they will not have a middle school GPA yet.)

** Athletic paperwork is valid 365 days from the date issued and can be used for multiple school sports. If your physical is dated May of 2025, you may use that one, but must attach a hard copy.

Tryouts:

- Volleyball girls/boys   August
- Cross-Country girls/boys   August
- Basketball girls/boys   October
- Cheerleading   October
- Track & Field girls/boys   January
- Flag football girls/boys   March

Disclaimer:

Palm Harbor Middle School is in a competitive league and playing time for all sports is not guaranteed. It is left to the coach's discretion based on practice and game performance as to how much playing time is garnered by your child.

The county does not provide buses for away games and all schools rely on parent volunteers for transporting players to away game sites.

Please email Ms. Weaver, the Assistant Principal over Athletics, with any questions. weavera@pcsb.org

GO PANTHERS!