

NO Artificial Flavors NO Artificial Colors NO Artificial Preservatives NO High Fructose Corn Syrup

K-12 Spec Wheat Sandwich 26.5 oz

Material Number: 95933420



INGREDIENT LABELING INFORMATION

WHOLE WHEAT FLOUR, WATER, WHEAT GLUTEN, BROWN SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, YEAST, CULTURED WHEAT FLOUR, CALCIUM SULFATE, ASCORBIC ACID, ENZYMES, MONOCALCIUM PHOSPHATE, SOY FLOUR, SOY LECITHIN

CONTAINS: WHEAT & SOY

MANUFACTURED ON SHARED EQUIPMENT THAT ALSO PROCESSES PRODUCTS CONTAINING SESAME. MAY CONTAIN SESAME.

CLAIMS:

1 SERVING = 1 OZ EQ GRAIN WHOLE GRAIN RICH 100% WHOLE WHEAT 16g OF WHOLE GRAINS PER SERVING

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Nutrition Facts 24 Servings per container

Serving Size: 1 Slice (31 g / 1.1 oz)

Amount per serving

Calories

70

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 120mg	5%
Total Carbohydrate 14g	5%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 1g Added Sugars	3%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 0.4mg	2%
Potassium 0mg	0%
* The % Deily Value (DV) talls you have	v much a nutrient in

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 - Carbohydrate 4 - Protein 4

The nutrition and ingredient information is accurate at the time of printing. This information is updated periodically. Please contact your Flowers representative if you have questions about this information.





Formula Statement for Documenting Grains in School Meals

Required Beginning SY 2013-2014

(Crediting Standards Based on Grams of Creditable Grains)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name:	K12SPEC WHEAT SAND 26.5OZ				Code No.: 95933420		
Manufacturer:	FLOWERS FOODS Serving Size 1 SLICE (31 g/1.1 oz) (raw dough weight may be used to calculate creditable grain amount)						
-		le Grain-Rich Criter ents for the National S			No		
(Products with mo		creditable grains: valent or 3.99 grams f ds the grain requirem				0.16	
Program: Exhibi breakfast cereals	it A to determine if (s). (Different methodo d of 16 grams credite	the product fits into oblogies are applied to	Groups A-G (b calculate servin	aked goods), Grou	Lunch Program and School E p H (cereal grains) or Group ent based on creditable grains. ams creditable grain per oz eq;	I (RTE Groups A-	
Indicate to which	n Exhibit A Group (A-I) the Product Bel	ongs: B	•			
Description of Creditable Grain Ingredient*	Grams of Creditable Grain Ingredient per Portion ¹	Gram Standard of Creditable Grain per oz equivalent ²	Creditable Amount				
	A	В	$\mathbf{A} \div \mathbf{B}$				
WHOLE GRAIN	16.36	16	74 . 15				
ENRICHED GRAIN	0.00	16					
			1.02				
Total Creditable	Amount ³		1.00				
Creditable grains and (Serving size) X (%) Standard grams of Total Creditable Ar	re whole-grain meal/flow 6 of creditable grain in creditable grains from	-	e serving size oth in Exhibit A. arter (0.25) oz eq.	. Do not round up.	e converted to grams.		
I certify that the al serving) provides per portion. Produ	bove information is to 1.00 lets with more than the	rue and correct and the oz equivalent Grains.	at a I further certify or 3.99 grams t	1.1 ounce poy that non-creditable for Groups A-G or 6	ortion of this product (ready for grains are not above 0.24 oz ec .99 grams for Group H		
Tracy Barn	es			abeling Analyst			
Signature			Title				
Tracy Barnes	S			07/22	cy.Barnes@flocorp.c		
Printed Name			Date		Phone Number		