

NO Artificial Flavors NO Artificial Colors NO Artificial Preservatives NO High Fructose Corn Syrup

K-12 Spec 12 Ct Hoagie, SL

Material Number: 95933430



INGREDIENT LABELING INFORMATION

WATER, WHOLE WHEAT FLOUR, UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WHEAT GLUTEN, YEAST, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, CULTURED WHEAT FLOUR, VINEGAR, MONOCALCIUM PHOSPHATE, SESAME FLOUR, ENZYMES, ASCORBIC ACID, SOY LECITHIN

CONTAINS: WHEAT, SOY, SESAME

CLAIMS:

1 SERVING = 2 OZ EQ GRAIN WHOLE GRAIN RICH 51% WHOLE GRAIN 17g OF WHOLE GRAINS PER SERVING

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Nutrition Facts

12 Servings per container

Serving Size: 1 Roll (59 g / 2.1 oz)

Amount per serving

Calories 140

	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 29g	10%
Dietary Fiber 2g	7%
Total Sugars 4g	
Includes 4g Added Sugars	8%
Protein 6g	
Vitamin D 0.6mcg	2%
Calcium 50mg	4%
Iron 1.6mg	8%
Potassium 100mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 - Carbohydrate 4 - Protein 4

The nutrition and ingredient information is accurate at the time of printing. This information is updated periodically. Please contact your Flowers representative if you have questions about this information.





Formula Statement for Documenting Grains in School Meals

Required Beginning SY 2013-2014

(Crediting Standards Based on Grams of Creditable Grains)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name:	K12SPEC 12CT HOAGIE SL				Code No.: 95933430		
Manufacturer:	FLOWERS FOODS Serving Size 1 ROLL (59 G/ 2.1 OZ) (raw dough weight may be used to calculate creditable grain amount)						
•		le Grain-Rich Criter ents for the National S			No		
Products with mo		creditable grains: valent or 3.99 grams f ds the grain requirem				0.33	
Program: Exhibi breakfast cereals	it A to determine if the control of	the product fits into ologies are applied to	Groups A-G (b calculate servin	aked goods), Grou gs of grain compon	Lunch Program and School lap H (cereal grains) or Group ent based on creditable grains. ams creditable grain per oz eq	I (RTE Groups A-	
Indicate to which	n Exhibit A Group (A-I) the Product Bel	ongs: B				
Description of Creditable Grain Ingredient*	Grams of Creditable Grain Ingredient per Portion ¹	Gram Standard of Creditable Grain per oz equivalent ²	Creditable Amount				
		В	A ÷ B				
WHOLE GRAIN	A 17.20	16	A ÷ B				
ENRICHED GRAIN	15.87	16					
			2.07				
Total Creditable	A 3		2.00				
Creditable grains ar (Serving size) X (% Standard grams of Total Creditable An Total weight (per	re whole-grain meal/flow 6 of creditable grain in creditable grains from mount must be rounded portion) of product as	•	re serving size oth o in Exhibit A. arter (0.25) oz eq	. Do not round up.	converted to grams.		
Fotal contribution	of product (per porti	on) <u>2.00</u>	oz equi	/alent			
serving) provides per portion. Produ	2.00 acts with more than the	oz equivalent Grains.	I further certify or 3.99 grams	y that non-creditable for Groups A-G or 6	ortion of this product (ready for grains are not above 0.24 oz e 6.99 grams for Group H		
Tracy Barn	es			abeling Analyst			
Signature			Title				
Tracy Barnes	S		01/	11/22	cy.Barnes@flocorp.c		
Printed Name			Date		Phone Number		