



Tyson Red Label® Fully Cooked Unbreaded Grilled Chicken Breast Filets, 3 oz.

PRODUCT CODE: 10383500928 GTIN CODE: 00023700025500

Storage Method

Frozen

Cook Method

Convection

Microwave



- Available for commodity reprocessing - USDA 100103

Ingredients

Boneless, skinless chicken breast filets with rib meat, water, seasoning [maltodextrin, salt, sugar, flavors, vegetable stock (carrot, onion, celery), carrot powder, garlic powder], modified food starch, sodium phosphates.

NUTRITION

Nutrition Facts

ABOUT 27 Servings Per Container

Serving Size 84g

Amount Per Serving	
Calories	
120	
Daily Value % *	
Total Fat 4g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 2g	
Cholesterol 65mg	22%
Sodium 390mg	17%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 20g	40%
Vitamin D 0 mcg 0%	
Calcium 10 mg 0%	
Iron 0.4 mg 2%	
Potassium 400mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

To inquire if a signed copy of the product formulation statement or Child Nutrition statement is available for this item, please contact the Tyson Foodservice Customer Relations Team at 1-800-248-9766. Or email CustomerRelations@tyson.com.

Serving suggestions

Serve stand alone or on a bun with various condiments.

Storage

SHELF LIFE	STORAGE	TEMP MAX	TEMP MIN
365 Days	Frozen	0 °F	0 °F

Preparation

Convection:

Appliances vary, adjust accordingly. Convection Oven From frozen, place the breast filets on a lined (non-stick) sheet pan with a small amount of water. Completely cover with foil. Place in a pre-heated, 350°F convection oven for approximately 16-20 minutes.

Microwave:

Appliances vary, adjust accordingly. Microwave From frozen, place 1 or 2 filets on a microwave safe plate and cover completely with cling wrap/plastic wrap. Heat in microwave on highest setting for approximately 2-3 minutes.

Packaging information

MASTER CASE	
Gross Weight	10.6874 lbs
Net Weight	10 lbs
Cube	0.6091 ft3
Length	11.75 in
Height	9.75 in
Width	9.1875 in
PALLET	
TI	17
HI	7

More about this item

Keep hungry kids happy with Tyson Red Label® Fully Cooked Unbreaded Grilled Chicken Breast Filets. This commodity eligible product will extend your dollars further and provide you with a delicious lunch menu option.





Tyson Product Formulation Statement

Product Name: Fully Cooked Grilled Chicken Breast Filets with Rib Meat Code No: 10383500928
Manufacturer: Tyson Foods, INC Case/Pack/Count/Portion/Size: 10 LB / 46-64 / 1 (3 oz.) Fillet

I. Meat/Meat Alternate

Please fill out the chart below to determine the creditable amount of Meat/Meat Alternate

	Description of Food Buying Guide	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield	Creditable Amount *
Chicken	BONELESS CHICKEN W/SKIN IN NATURAL PROPORTION	3.35097	X	0.70	2.34567900
Total					2.34567900

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information

Total weight (per portion) of product as purchased 3.00 oz.

Total creditable amount of product (per portion) 2.25 oz.

(Reminder: Total creditable amount cannot count for more than the total weight of product.)

I certify that the above information is true and correct and that a 3.00 ounce serving of the above product (ready for serving) contains 2.25 ounces of equivalent meat/meat alternate when prepared according to directions.

I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A) as demonstrated by the attached supplier documentation.

Tammy Roughton

Signature _____ Title Nutrition Specialist

Tammy Roughton 3/19/2024 childnutrition@tyson.com / (479)290-4941
Printed Name Date Email / Phone Number

Tyson Foods, Inc. complies with all federal labeling and ingredient identification regulations and has prepared this statement to the best of its ability and knowledge in light of the regulations in effect as of the date this form was executed.
Products and ingredients do change. The user should always review Product Formulation Statements (PFS) for currency and request updated PFS as needed.



Product Information

FC GRILLED CHICKEN BREAST FILLETS 5 LB.

FC GRILLED CHICKEN BREAST FILLETS NP

Nutrition Facts	
27 Servings Per Container About	
Serving Size	1 PIECE (84g)
Amount Per Serving	
Calories	120
% Daily Value *	
Total Fat 4g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 2g	
Cholesterol 65mg	22%
Sodium 390mg	17%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 20g	40%
Calcium 10mg	0%
Iron 0.4mg	2%
Potassium 400mg	8%
* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts	
53 Servings Per Container About	
Serving Size	1 PIECE (84g)
Amount Per Serving	
Calories	120
% Daily Value *	
Total Fat 4g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 2g	
Cholesterol 65mg	22%
Sodium 390mg	17%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 20g	40%
Calcium 10mg	0%
Iron 0.4mg	2%
Potassium 390mg	8%
* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredient Statement

Boneless, skinless chicken breast filets with rib meat, water, seasoning [maltodextrin, salt, sugar, flavors, vegetable stock (carrot, onion, celery), carrot powder, garlic powder], modified food starch, sodium phosphates.

Equivalents

System ID	System Name	Equivalent
SAPMM	Old Tyson	038350-0928
SAP4MM	New Tyson	10383500928

LAND O LAKES® SHREDDED MILD CHEDDAR CHEESE



PRODUCT DESCRIPTION

Land O Lakes® Shredded Cheese boosts the flavor and eye-appeal of countless dishes while cutting down on kitchen prep time.

PRODUCT FEATURES

- Standard shred length and size
 - Exceptional melt
 - Reliable and consistent performance
 - Works well for hot or cold applications
- 1 oz (1/4 cup) provides 1 M/MA

SUGGESTED USE

Use as a topping for salads or a filling for enchiladas, hot sandwiches and other entrees.

Product Code: 41749 | SCC: 10034500417492 | UPC: 00034500417495

CASE INFORMATION

- Case Pack / Weight:4/5 lb
- Pallet Tie:17
- Pallet High:4
- Total Pallet:68
- Gross Weight:21.5 lb
- Net Weight:20 lb
- Length:11.813 in
- Width:9.188 in
- Height:14.625 in
- Case Cube:.91861 Cu. Ft

SHELF LIFE & STORAGE

- Guaranteed Shelf Life:90 days
- Maximum Shelf Life:150 days
- Storage:KEEP REFRIGERATED.

NUTRITIONAL INFORMATION

Serving Size:	1/4 cup (28g; 1 oz)
Serving Per Case:	320
Ammount Per Serving	
Calories	110 kcal
*Total Fat 9 g	12 %
Saturated Fat 6 g	30 %
Trans Fat 0 g	
Cholesterol 30 mg	10 %
Sodium 190 mg	8 %
Total Carbohydrate 1 g	0 %
Dietary Fiber 0 g	0 %
Sugars 0 g	
Added Sugars 0 g	0 %
Protein 6 g	12 %
Vitamin D 0 mcg	0 %
Calcium 199 mg	15 %
Iron 0 mg	0 %
Potassium 20 mg	0 %

* The percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS

Cheddar Cheese [cultured pasteurized milk, salt, enzymes, annatto (color)], Anticaking Blend (potato starch, cellulose), Natamycin (natural mold inhibitor).CONTAINS: Milk

Kosher: No

LAND O LAKES EXCEPTIONAL VARIETY AND QUALITY

Land O'Lakes offers exceptional variety and quality for your menu so you can feel good about providing great-tasting options to keep your customers coming back for more.

Land O'Lakes, Inc.



Product Formulation Statement (Product Analysis) for Meat/Meat Alternate (M/MA) Products School Year 2021-2022

Child Nutrition Program operators should include a copy of the label from the purchased product carton in addition to the following information on letterhead signed by an official company representative.

Product Name: Shredded Mild Cheddar Cheese (yellow) Code No.: 41749

Manufacturer: Land O'Lakes, Inc. Case/Pack/Count/Portion/Size: 4/5 lb. pouches

I. Meat/Meat Alternate

Please fill out the chart below to determine the creditable amount of Meat/Meat Alternate

*Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Servings Per Unit	Creditable Amount *
Cheddar cheese	1 oz.	X	1 oz.	1 m/ma
		X		
		X		
A. Total Creditable M/MA Amount¹				1 m/ma

II. Alternate Protein Product (APP)

If the product contains APP, please fill out the chart below to determine the creditable amount of APP. If APP is used, you must provide documentation as described in Attachment A for each APP used.

Description of APP, manufacturer's name and code number	Ounces dry APP per portion	Multiply	% of Protein As-Is*	Divide by 18**	Creditable Amount APP***
		X		÷ by 18	
		X		÷ by 18	
		X		÷ by 18	
B. Total Creditable APP Amount¹					
C. TOTAL CREDITABLE AMOUNT (A+B rounded down to nearest 1/4 ounce)					1 m/ma

*Percent of Protein As-Is is provided on the attached APP documentation.

**18 is the percent of protein when fully hydrated.

***Creditable amount of APP equals ounces of Dry APP multiplied by the percent of protein as-is divided by 18.

¹Total Creditable Amount must be rounded **down** to the nearest 0.25oz (1.49 would round down to 1.25 oz meat equivalent). Do **not** round up. If you are crediting M/MA and APP, you do not need to round down in box A (Total Creditable M/MA Amount) until after you have added the Total Creditable APP Amount from box B to box C.

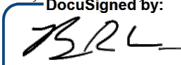
Total weight (per portion) of product as purchased _____ 1 oz. _____

Total creditable amount of product (per portion) _____ 1 oz. _____

(Reminder: Total creditable amount cannot count for more than the total weight of product.)

I certify that the above information is true and correct and that a 1 ounce serving of the above product (ready for serving) contains 1 ounces of equivalent meat/meat alternate when prepared according to directions.

I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A) as demonstrated by the attached supplier documentation.

DocuSigned by:

 ID: A0F58C69A942A...

Signature

Ben Warren

Printed Name

Director Product Safety, Quality, and Regulatory Affairs

Title

7/8/2021 | 2:57 PM CDT

Date

Swift Fully Cooked Thin Sliced Bacon, Fresh, 150 Ct Bag, 2/Case:

#354769 | GTIN: 90043500560424 | 150 Count/Bag, 150 Eaches/Bag, 2 Bags/Case

Swift Fully Cooked Thin Sliced Bacon, Fresh, 150 Ct Bag, 2/Case

#354769 | GTIN: 90043500560424 | 150 Count/Bag, 150 Eaches/Bag, 2 Bags/Case



Serving Suggestions

Serve with eggs in the morning, on your favorite sandwich for lunch or in your recipes for dinner

Basic Preparation

Microwave: Place bacon in a single layer on a double layer of microwaveable paper towel or microwaveable plate. Microwave on high until heated through. Pat with additional paper towel. Heat 3 slices for 20-25 seconds, or 6 slices for 15-35 seconds. For crispier slices, microwave a few seconds longer. Skillet: Remove bacon slices from parchment paper. Place bacon slices in single layer in unheated skillet. Cook on medium heat for 4 minutes or to desired crispness, turning occasionally.

Item Yield

1 Case = 300 Count (2 x 150 Count per Bag) Bacon, Thin Sliced, Fully Cooked, Fresh

Shelf Life

365 days

Packaging & Storage

Weight

2.00 lb

Dimensions

3.50 x 10.63 x 14.63 inches / 8.89 x 27.00 x 37.16 cm

Packaging

Keep Refrigerated

Vendor

Name: Swift Prepared Foods (Tupelo, MS) Swift Prepared Foods

Item #: 20561042

Ingredients

Cured with Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.



Rounding: True

Nutrition Facts	
Serving Size	100 Gram
Amount Per Serving	
Calories	500
% Daily Value*	
Total Fat 37g	47%
Saturated Fat 12g	60%
Trans Fat 125g	
PolyUnsaturated Fat n/a	
MonoUnsaturated Fat n/a	
Cholesterol 125mg	42%
Sodium 2000mg	87%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 44g	88%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.2mg	7%
Potassium 500mg	11%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

School Equivalents	
Serving Size:	n/a
Meat/Meat Alternative	n/a
Fruit	n/a
Grain/Breads	n/a
Vegetable:Red/Orange	n/a
Vegetable:Dark Green	n/a
Vegetable:Starchy	n/a
Vegetable:Beans/Peas	n/a
Vegetable:Other	n/a
Child Nutrition Notes:	n/a

Minerals	
Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Iodine	n/a

Fat Soluble Vitamins	
Vitamin E	n/a
Vitamin K	n/a
Vitamin A	n/a
Water Soluble Vitamins	
Thiamin B1	n/a
Riboflavin B2	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folate	n/a
Vitamin C	n/a
Vitamin B6	n/a
Vitamin B12	n/a

Movement

Gordon Choice Multigrain Garlic Cheese Croutons, 1 Ounce, 2.5 Lb Bag, 8/Case

#793971 | GTIN: 10093901793970 | 2.5 Pounds/Bag, 8 Bags/Case

Gordon Choice offers our widest variety of reliable, foundational products to help you serve your best. With more than 2,000 items, you can be confident any Gordon Choice product will bring quality, taste and value to your business. It's where everyday needs meet dependability and selection. It's Gordon Choice.

PRODUCT DESCRIPTION

- These multigrain garlic cheese croutons are a delectably crunchy and flavorful addition to numerous dishes.
- Garlic and cheese are a classic flavor combination, complementary for salads, seafoods and baked dishes.
- Croutons are a salad-bar staple.
- Crumble these croutons and use them to top casseroles or hot baked savory dips.
- These croutons come in 40-oz bags, 8 bags per case.

Basic Preparation

Ready to eat.

Item Yield

1 Case = 320 Ounces (8 x 40 Ounces per Bag) of Croutons, Multigrain, Garlic Cheese, 1 Ounce

Shelf Life

365 days

Packaging & Storage

Weight

20.00 lb

Dimensions

14.13 x 14.81 x 19.81 inches / 35.89 x 37.62 x 50.32 cm

Vendor

Name: Sugar Foods Corp. (Lithia Springs, SUGAR FOODS CORPORATION)

Item #: 74956

Ingredients

ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CANOLA AND/OR SUNFLOWER OIL (WITH ROSEMARY EXTRACT AND ASCORBIC ACID [TO PRESERVE FRESHNESS]), WHOLE WHEAT FLOUR, WHEY, YEAST, SALT, 2% OR LESS OF SUGAR, WHEAT GLUTEN, RYE MEAL, CARAMEL COLOR, DEHYDRATED PARSLEY, GARLIC POWDER, HONEY, NATURAL AND ARTIFICIAL FLAVOR, PARMESAN CHEESE AND ENZYME MODIFIED CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), CULTURED NONFAT MILK, ANNATTO (COLOR), EXTRACTIVES OF TURMERIC AND PAPRIKA (COLOR), ENZYMES. COMMON ALLERGENS PRESENT: WHEAT, MILK. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated May 2021. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

Rounding: True

Nutrition Facts	
Serving Size	2 tbsp (7g)
Amount Per Serving	
Calories	30
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
PolyUnsat. Fat n/a	
MonoUnsat Fat n/a	
Cholesterol 0mg	0%
Sodium 80mg	3%
Total Carbohydrate 5g	2%
Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein n/a	n/a
Vitamin D mcg 0mcg	n/a
Calcium 5mg	1%
Iron 0mg	0%
Potassium 14mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

School Equivalents	
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit	n/a
Grain/Breads	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

Minerals	
Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Manganese	n/a
Iodine	n/a

Fat Soluble Vitamins	
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	n/a
Water Soluble Vitamins	
Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin C	n/a
Vitamin B6	n/a
Vitamin B12	n/a

Movement

Below is your Quantity Order History

WEEK OF	DAY	CASE
10/01/2023		0
09/24/2023		0
09/17/2023	Tue 09/19/2023	12

Gordon Choice Saltine Crackers, Individual Packets, 2 Pc, 500/Case

#870400 | GTIN: 00093901870407 | 2 Pieces/Package, 1 Package/Each, 500 Eaches/Case

Gordon Choice offers our widest variety of reliable, foundational products to help you serve your best. With more than 2,000 items, you can be confident any Gordon Choice product will bring quality, taste and value to your business. It's where everyday needs meet dependability and selection. It's Gordon Choice.

PRODUCT DESCRIPTION

- These Saltine Crackers offer the crispy crunch customers look for in a classic saltine cracker. Oven baked snack crackers offer a toasty bite that goes great with a bowl of soup, fresh salad, and more.
- Classic saltine crackers are crisp, savory, and slightly toasty. Baked to perfection for a satisfying crunch, these crackers pair well with a fresh salad, soothing soup, or other lunch and dinnertime specials.
- Serve alongside soup, salad, or entrees at lunch or dinner. This item is a good fit for Restaurants, Foodservice, Hospitals, Lodging, Colleges/Universities, B&I.
- With a satisfying sprinkle of salt and crunch in every bite, you'll enjoy the crisp, flaky texture of deliciously crafted crackers with soup, cheese, and other mouthwatering pairings.
- Includes 500, .2oz packages of convenient, ready to eat crackers. 13.375 IN x 12.063 IN x 10.375 IN. The case shows the BEST BY date in the format MMDDY.

Product Attributes

Kosher: Pareve

No Artificial Flavors

No Artificial Sweeteners

No Color From Artificial Sources

No High Fructose Corn Syrup

No MSG

Basic Preparation

READY TO USE

Item Yield

1 Case = 500 Cracker Packages, Saltine, 0.21 Ounce

Shelf Life

270 days

Packaging & Storage

Weight

6.50 lb

Dimensions

10.00 x 12.00 x 13.00 inches / 25.40 x 30.48 x 33.02 cm

Vendor

Name: Kellogg Dry (Atlanta, GA) KELLOGGS SNACKS

Item #: 9390187040

Ingredients

Enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), soybean oil (with TBHQ for freshness), salt, corn syrup. Contains 2% or less of baking soda, yeast, soy lecithin. COMMON ALLERGENS PRESENT: Wheat, Soy. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated February 2019. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

Ingredients

Enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), soybean oil (with TBHQ for freshness), salt, corn syrup.Contains 2% or less of baking soda, yeast, soy lecithin.

AP Cracker, Saltine, 2ct, GFS

Rounding: True

Nutrition Facts		
Serving Size		1 Pkg (6g)
Amount Per Serving		
Calories		25
% Daily Value*		
Total Fat	0.5g	1%
Saturated Fat	0g	0%
Trans Fat	0g	
PolyUnsat. Fat	n/a	
MonoUnsat Fat	n/a	
Cholesterol	0mg	0%
Sodium	90mg	4%
Total Carbohydrate	5g	2%
Fiber	0g	0%
Total Sugars	0g	
Includes 0g Added Sugars		0%
Protein	0g	0%
Vitamin D mcg	n/a	n/a
Calcium	0mg	0%
Iron	0.2mg	1%
Potassium	0mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

School Equivalents	
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit	n/a
Grain/Breads	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

Minerals	
Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Manganese	n/a
Iodine	n/a

Fat Soluble Vitamins	
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	n/a
Water Soluble Vitamins	
Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin C	n/a
Vitamin B6	n/a
Vitamin B12	n/a