



# FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN Whole Grain Breaded Dark Meat Popcorn Chicken Smackers

CODE NUMBER: 110458 Case Wt: 30# CN# 089661 Donated Food/Case: 40.541 Standard Yield: 74%

SERVING SIZE: 4.3 oz Servings/Case 108 Contribution: 2 M/MA Serving 1 Grain Serving\*

\*Calculation for grains based on 16 grams creditable per ounce.

UPC #: 1 00 75632-10458-4 Gross Cs Wt: 31.87 Case Dim: 17.1Lx13.1x12.6H Cube: 1.63 Pallet: Ti 8 Hi 6 Cs/Pallet: 48 Shelf Life 365 days



## BID DESCRIPTIONS

Whole Grain Breaded fully cooked CN labeled popcorn chicken produced from USDA 100103 dark meat commodity chicken. No added soy protein. Popcorn to be batter breaded with whole Grain and enriched wheat flour breader. 10 popcorn pieces @ 0.43 oz each guaranteed by CN label to provide 2 ounces meat/meat alternative and 1 Grain servings. Product to provide zero grams trans fats.

## NUTRIENT INFORMATION

### Basic Components

Calories (kcal)	293	Carbohydrates (g)	17
Fat (g)	17	Dietary Fiber (g)	3
Saturated Fat (g)	3	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	18
Cholesterol (mg)	81	Whole Grains (g)	8

### Vitamins

Vitamin A-IU (IU)	167
Vitamin C (mg)	0

### Minerals

Sodium (mg)	487
Calcium (mg)	18
Iron (mg)	2

Jack Crawford - Director of School Foodservice

2/1/16

Date

Primary Plant Production - Moorefield, WV CN #089661 Additional CN #089662, CN#089663, CN#089664



Fully Cooked

# 110458

## Whole Grain Large Popcorn Style Dark Chicken

### Breaded Popcorn Shaped Dark Chicken Patty

**INGREDIENTS:** Dark Chicken, Water, Modified Food Starch, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, **Breaded With:** Whole Wheat Flour, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Disodium Inosinate And Disodium Guanylate, Onion Powder, Spice, Yeast, Garlic Powder, Maltodextrin, Sugar, Soy Sauce (Fermented Soybeans, Wheat, Salt), Extractives Of Paprika, Yeast Extract. **Battered With:** Water, Whole Wheat Flour, Modified Corn Starch, Salt, Onion Powder, Garlic Powder, Nonfat Milk, Whey, Disodium Inosinate And Disodium Guanylate. **Predusted With:** Whole Wheat Flour, Modified Corn Starch, Salt, Spice, Extractives. **Breading Set In Vegetable Oil.**

**CONTAINS: MILK SOY AND WHEAT**

Distributed By: Pilgrim's Pride Corporation  
1770 Promontory Circle, Greeley, CO 80634 800-321-1470 www.poultry.com  
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Federal Meal Requirements



**HEATING INSTRUCTIONS FROM FROZEN:** Conventional Oven for 10-12 minutes at 350°F;  
Convection Oven for 6-8 minutes at 350°F. Appliances vary, adjust cook times accordingly.



(01)1 00 75632 10458 4



# Dutch Waffle 51% Whole Grain 5"/48ct.

Manufacturer's  
Product Code  
**4521**

## Nutrition Facts

Serving Size: 1 Cake (83 G)  
Serving Per Container: 48

<b>Calories</b>	300		
Calories from Fat	120		
	<b>Per Serving</b>	<b>% Daily Value*</b>	
<b>Total Fat</b>	13g	<b>20%</b>	
Saturated Fat	3g	<b>15%</b>	
Trans Fat	0g		
<b>Cholesterol</b>	20mg	<b>7%</b>	
<b>Sodium</b>	350mg	<b>15%</b>	
<b>Total Carbohydrate</b>	43g	<b>14%</b>	
Dietary Fiber	3g	<b>12%</b>	
Sugars	12g		
<b>Protein</b>	4g		
<b>Vitamin A</b>	0%	<b>Vitamin C</b>	0%
<b>Calcium</b>	4%	<b>Iron</b>	10%

## Ingredients:

Whole Wheat Flour, Enriched Wheat Flour (flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Sugar, Water, Vegetable Oil (soybean oil), Contains 2% or Less of: Artificial Flavor, Cellulose Gum, Dextrose, Egg Yolk, Leavening (sodium acid pyrophosphate, baking soda, monocalcium phosphate), Mono & Diglycerides, Nonfat Milk, Salt, Soybean Oil, Soy Flour.

## Allergen Information:

Contains: Eggs, Milk, Soy Beans, Wheat

## Kosher Type:

OU - DAIRY

## Child Nutrition Statement:

The listed serving size contains 32g creditable grains of which 16.32g are whole grains. This provides 2 servings of breads/grains under the Child Nutrition Program using the 16g calculator.

## Storage/ Handling:

Keep Frozen (0° F or below). Shelf life up to one year when stored properly.

## Preparation Instruction:

Conventional Oven – 1) Preheat oven to 450°F.\* 2) Remove frozen product from case and place on tray, then heat for 3-4 minutes.\* 3) Sprinkle with confectioner's sugar or any other topping. Fryer – 1) Preheat fryer to 375°F.\* 2) Remove frozen product from case and place in fryer for 30 seconds.\* 3) Sprinkle with confectioner's sugar or any other topping. \* Convection Oven - 1) Preheat oven to 325F 2) Place on low fan if possible 3) From frozen, bake for 6 1/2 minutes 4) Sprinkle with confectioner's sugar or any other topping. \* Heating times and temperatures may vary.

## Product Specifications:

UPC	SCC/GTIN	Case	Pack
073321045210	10073321045217	6	8

Case Dimensions					
Case Length	Case Width	Case Height	Case Cube	Net Weight (Lbs)	Gross Weight (Lbs)
15.375	11.125	10.625	1.0517	8.5716	9.4839

Pallet Dimensions		
Pallet Tier	Pallet High	Pallet Count
10	7	70

I certify that the nutritional information contained on this page is true and correct to the best of my knowledge.

**Kirsten Leo**  
Research and Development Manager