

# About ESPE

ESPE is a 4 year Health Science Program of Study intended for students interested in healthcare careers in Athletic Training, Exercise Science, Personal Training, Sports Medicine, Sports Nutrition and more!





### Courses & Certifications

#### **Health Science Foundations**

Provides and in-depth knowledge of the health care system and associated occupations!

### **Health Science Anatomy & Physiology**

The study of the human body, both structurally and functionally.

### **Allied Health Assisting**

The study of various allied health care settings including physical therapy and sports nutrition.

#### **Exercise Science**

Provides the preparation needed to become a Personal Trainer.

#### **Certifications include:**

- \*American Heart Association CPR/AED/First Aid, Bloodborne Pathogens
- \*National Association of Sports Medicine (NASM) Certified Personal Trainer and Sports Nutrition Specialist



# Are you interested? Apply here!



## Clubs

**Student Athletic Trainers:** a hands-on, realworld experience assisting with coverage of sports teams.

**HOSA:** career and technical leadership club focusing on healthcare careers and topics.

**Health Squad:** unique partnership with Johns Hopkins All Children's Hospital focusing on healthy lifestyles.

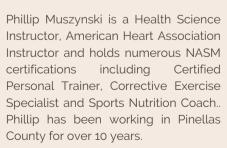


## The Team



**ERIKA MILLER** 

Erika Miller is a Health Sciences Instructor, American Heart Association Instructor and Licensed & Certified Athletic Trainer. She has been working in Pinellas County for over 20 years and has earned numerous accolades for her work in Athletic Training and Sports Medicine.





**PHILLIP MUSZYNSKI**