## SALAD. FRESH BABY CARROT CUP

## Nutrition Facts

Serving Size: 1/2 CUP

Serving per Container: 1

Amount Per Serving	
Calories: 25	Calories from Fat 1
	% Daily Value <sup>2</sup>
Total Fat 0.1g	0%
Saturated Fat 0.0g	0%
Trans Fat *N/A*	
Cholesterol 0mg	0%
Sodium 55mg	2%
Total Carbohydrate 5.8g	2%
Dietary Fiber 2.1g	8%
Protein 0.5g	0%
Vitamin A 195%	Vitamin C 3%
Calcium 2%	Iron 4%
<sup>2</sup> Percent Daily Values are based on a 2,000 calorie diet.	

\*N/A\* denotes a nutrient that is either missing or incomplete.

Ingredients: Fresh Carrots

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.