

Item #: 81002




WG "New York Style" Garlic Knot

Effective Date: 01/24/2024
Supersedes: 09/26/2023

Pack Size: 162 Knots
Serving Size: 1 Knots, 2.00 oz
Servings Per Case: 162

STATEMENT OF CHILD NUTRITION FOOD BASED MEAL PATTERN EQUIVALENCY: 2.00 OZ EQ GR

PREPARATION INSTRUCTIONS

For best results Keep frozen until ready to prepare.			
Baking	Preheat convection oven to 350 °F (conventional oven to 375 °F).	1. Place frozen Garlic Knots on a parchment lined sheet pan.	Bake knots for 7-9 minutes.

- Note: cooking equipment, equipment settings, and kitchen conditions will vary so cooking time may need adjusting. Cook all food thoroughly to 165 °F.
- Holding: Hold for up to 2 hours in a warmer at 145 °F.

INGREDIENTS

Knot Roll: Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Enzymes, Folic Acid), Sugar, Yeast, Soybean Oil, Wheat Gluten, Salt, Ascorbic Acid, Enzymes, Rye Flour. **Topping:** Margarine (Canola, Cottonseed And/Or Soybean Oils, Palm Oil, Water, Salt, Mono- And Diglycerides, Soy Lecithin, Natural Flavor, Annatto Extract Color, Turmeric Extract Color, Vitamin A Palmitate), Granulated Garlic, Salt, Lactic Acid, Parsley Granules, Natural Flavors.

ALLERGENS: Contains Wheat & Soy.
Manufactured on equipment that processes Milk, Eggs, & Sesame.

ITEM DETAILS

UPC: 00810089290120
Shelf life: 12 months frozen (-10 °F to 10 °F)
Pack Size: 162
Serving Size: 1 knot, 2.00 oz
Servings per Case: 162
GRAINS: 51% of the grains used in this product are whole grains

PACKING INFORMATION

Gross Case Wt: 23.01 lbs.
Net Wt: 20.25 lbs.
Dim: 24.00"x16.00"x12.20"
Pallets/truck: 30
Case Cube: 2.71 ft³
Pallet height: 90.4 inches
Ti-Hi: 5 x 7
Cases/pallet: 35



Nutrition Facts

Serving size 1 Knot (57g)

Amount per serving
Calories 170

	% Daily Value*
Total Fat 6g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 27g	10%
Dietary Fiber 3g	11%
Total Sugars 3g	
Includes 2g Added Sugars	4%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 12mg	0%
Iron 2mg	10%
Potassium 109mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Kelly Chade, QA & Regulatory Manager

BID SPECS

Each knot to meet 2 oz eq gr, 51% WG.
Each srvg to have no more than 170 calories; 190mg sodium and 6g fat and 1.5g sat fat.