

SALAD. POTATO GREEK STYLE

Nutrition Facts

Serving Size: 1/4 CUP SERVING

Serving per Container: 1

Amount Per Serving

Calories: 45

Calories from Fat 1

	% Daily Value ²
Total Fat 0.1g	0%
Saturated Fat 0.0g	0%
Trans Fat *N/A*	
Cholesterol 0mg	0%
Sodium 195mg	8%
Total Carbohydrate 10.4g	3%
Dietary Fiber 1.1g	4%
Protein 0.9g	2%

Vitamin A 0%

Vitamin C 9%

Calcium 1%

Iron 1%

² Percent Daily Values are based on a 2,000 calorie diet.

N/A denotes a nutrient that is either missing or incomplete.

Ingredients: Potatoes, Green Peppers, Mayonnaise, Salt, Black Pepper, Onion Powder, Parsley

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.



#892 Reduced Calorie Mayonnaise-gal

Kens

03/08/2012

Nutrition Facts	
Serving Size 1 Tbsp (15g)	
Servings Per Container 256	
Amount Per Serving	
Calories 40	Calories from Fat 35
	% Daily Value*
Total Fat 4g	6%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 95mg	4%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 0g	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Water, Vegetable Oil (Soybean and/or Canola), Distilled Vinegar, Egg Yolk, Modified Food Starch, High Fructose Corn Syrup, Contains less than 2% of: Salt, Potassium Sorbate and Sodium Benzoate as preservatives, Spice, Xanthan Gum, Lemon Juice Concentrate, Lactic Acid, Dextrose.
CONTAINS: EGGS

For Best Flavor
Refrigerate After Opening

Descriptor Statement:
60% less calories than regular dressing

Comparison Statement:
This dressing 40 calories
Regular dressing 100 calories