



USDA Foods Product Information Sheet

For Child Nutrition Programs



100359—Beans, Black (Turtle), Low-sodium, Canned

Category: Legume Vegetable/Meat Alternate

PRODUCT DESCRIPTION

This item is Grade A canned, dried black turtle beans. They are packed in a low-sodium brine which contains 36-140 mg sodium per 1/2 cup serving. This product is available in cases with six #10 cans.

CREDITING/YIELD

- One case of black beans provides about 83 1/2-cup servings of heated, drained beans.
- CN Crediting: 1/2 cup beans credits as 1/2 cup legume vegetable OR 2 oz equivalent meat/meat alternate.

CULINARY TIPS AND RECIPES

- Black beans can be cooked and used as a meat alternate in dishes such as burritos, tacos, or quesadillas.
- Black beans can also be cooked as a side dish or used in cold salads with other vegetables such as corn and diced peppers.
- Drain and rinse canned beans before adding to recipes to reduce the sodium.
- For more culinary techniques and recipe ideas visit [NFSMI](#) or [Team Nutrition](#).

FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

NUTRITION FACTS

Serving size: 1/2 cup (120 g) black beans, canned, low-sodium

Amount Per Serving

Calories 109**Total Fat** 0g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 0mg**Sodium** 140mg**Total Carbohydrate** 20g

Dietary Fiber 8g

Sugars 0g

Protein 7gSource: [USDA National Nutrient Database](#)

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.



DICKINSON FROZEN FOODS, INC.

Nutritional Information



Blended Onion, Gree and Red Bell Pepper; IQF; 30 Lbs Case			
DFF Item Number:	105358	Revised:	17 October, 2016
Customer Code:		Supersedes:	New
Page 1 of 2	CONFIDENTIAL	QA Approval:	Manuel Juarez
Dickinson Frozen Foods, Inc. 600 NW 21st Street (P.O. Box 1010), Fruitland, Idaho 83619 (208) 452-5200			

I. Nutritional Analysis (per 100g)

Onion 33%
 Green Bell Pepper 34%
 Red Bell Pepper 33%

Nutrients

Basic Components

Calories (kcal)	29.88
Calories from Fat (kcal)	1.71
Calories from SatFat (kcal)	0.26
Protein (g)	1.08
Carbohydrates (g)	6.89
Total Dietary Fiber (g)	1.16
Total Soluble Fiber (g)	0.39
Total Sugars (g)	3.01
Monosaccharides (g)	1.2
Disaccharides (g)	0.36
Other Carbs (g)	1.69
Fat (g)	0.19
Saturated Fat (g)	0.03
Mono Fat (g)	0.02
Poly Fat (g)	0.09
Trans Fatty Acid (g)	0
Cholesterol (mg)	0
Water (g)	91.51

Vitamins

Vitamin A - IU (IU)	1069.79
Vitamin A - RE (RE)	106.98
Vitamin A - RAE (mcg)	53.49
Carotenoid RE (RE)	106.98
Retinol RE (RE)	0
Beta-Carotene (mcg)	503.58
Vitamin B1 (mg)	0.05
Vitamin B2 (mg)	0.03
Vitamin B3 (mg)	0.58
Vitamin B3 - Niacin Equiv (mg)	0.82
Vitamin B6 (mg)	0.16
Vitamin B12 (mcg)	0
Biotin (mcg)	1.25
Vitamin C (mg)	72.15
Vitamin D - IU (IU)	0
Vitamin D - mcg (mcg)	0
Vitamin E - Alpha-Toco (mg)	0.55
Folate (mcg)	13.63
Folate, DFE (mcg DFE)	13.63
Vitamin K (mcg)	1.85
Pantothenic Acid (mg)	0.07

Nutrition Facts

servings per container

Serving size (100g)

Amount per serving
Calories 30

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 7g 3%

Dietary Fiber 1g 4%

Total Sugars 3g

Includes 0g Added Sugars 0%

Protein 1g

Vitamin D 0mcg 0%

Calcium 13mg 2%

Iron 0mg 0%

Potassium 135mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

CONFIDENTIAL

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Heinz® Apple Cider Vinegar 50 Grain

Heinz® Apple Cider Vinegar begins with fine quality apples and crystal clear water. With its clean, mellow flavor, it's ideal for your favorite salads, marinades and recipes. This product is guaranteed to have the full 5% acidity required for successful canning and pickling.

Variety	Package Size
78000964	Heinz® Apple Cider Vinegar 50 Grain



Ingredients

made from the juice of apples, diluted with water to a uniform pickling and table strength of 5% (50 grains) acidity.

Shelf life: 12 months

Nutrition Facts

Serving Size 1Tbsp (15mL)
Servings Per Container about 14.130

Amount Per Serving	
Calories 0	Calories from Fat 0
% Daily Value *	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 0g	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories Per Gram:
Fat 9 • Carbohydrate 4 • Protein 4

[Click to Enlarge](#)



Attached Divisions	24	Primary ASYS #	7178205
Super Class	2 - GROCERY - DRY	Secondary ASYS #	7612195
Class	29 - OILS & SHORTENING	Primary PSYS #	293141
Category	328 - OIL, OLIVE & OLIVE BLENDS	Product Master #	1293340
Group	6390 - OIL, OLIVE BLENDS	USF Product #	1293342
Manufacturer Number	14916 - CATANIA SPAGNA CORP	Manufacturer Product #	11465
Manufacturer GLN Number	14916	Item ID	12472439
Minority Code	1 - NA	Cash and Carry Eligible	Yes
Brand Name	SICILIA		
Brand Type	1 - National		
Country of Origin - Grown/Harvested	US - United States		
Country of Origin - Processed			

Core

Product Description	OIL, CANOLA OLIVE EXTRA VIRGIN 75/25 BLEND DOMESTIC SALAD PLASTIC JUG	Catch Weight Item	No
Manufacturer Description		Sales Pack Size	6/1 GA
Customer Description		Purchase Pack Size	6/1 GA
ASYS Description	OIL, CNOLA OLIV EX VRGN 75/25	Sales UOM	CA
Retail Description	OIL,CNOLA OLIV EX	Smallest Sales Pack Unit	EA
Additional Description	IDEAL FOR SAUTEING, WITH HIGH HEAT STABILITY. YOU'LL GET THE GREAT TASTE OF OLIVE OIL WITHOUT THE COST.	Each Conversion Factor	6
		Smallest Sales Pack USF Product #	9825550
Brand Owner Name	CATANIA-SPAGNA CORP.	Kosher	Yes
SCC	10072071964809	Halal	
GTIN	10072071964809	Child Nutrition Certificate	No
Barcode Attribute		Beef Grade	
Retail UPC	072071964802	Certified Angus Beef	No
Replacement USF Product Number		LFTB and BLBT Free	
Pre-Frozen USF Product Number		Trans Fat Free	Yes
Status	Active	Organic	No
PIM Add Date	09/08/2005	Made from Renewable Resources	No
Discontinued Date		Recyclable	No
Meat Buyers Guide		Cage Free	
Approved Manufacturers	014916 CATANIA SPAGNA CORP	Rainforest Alliance Certified	
		No FSE	No
		CES Catalog Page Number	

Operation

Purchase Pack Depth	14.5 inches	Sales Pack Depth	14.5 inches
Purchase Pack Width	13 inches	Sales Pack Width	13 inches
Purchase Pack Height	12.5 inches	Sales Pack Height	12.5 inches
Net Weight	46.2 lbs	Volume	1.364 cubic feet
Gross Weight	49.48 lbs	Shelf Life	730 days
Bill of Lading Code	997 - FOODSTUFFS	Guaranteed Shelf Life	
Storage Code	10 - DRY FOOD	Code Date Flag	Yes
Star Category	13:001 - OIL & SHORTENING:SALAD OIL	Basis	
RRE Flag	No	Mfr Pallet Hi	4
Hazardous	No	Mfr Pallet Ti	9
Handling Instructions	store in cool dry area		



Seminole Chopped Garlic

Nutrition Facts

Seminole - Chopped Garlic

1. Servings:

Calories	15	Sodium	0 mg
Total Fat	1 g	Potassium	0 mg
Saturated	0 g	Total Carbs	1 g
Polyunsaturated	0 g	Dietary Fiber	0 g
Monounsaturated	0 g	Sugars	0 g
Trans	0 g	Protein	0 g
Cholesterol	0 mg		
<hr/>			
Vitamin A	0%	Calcium	2%
Vitamin C	0%	Iron	0%

*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.





MONARCH

Spice

CUMIN GROUND PLASTIC SHAKER SHELF STABLE SEASONING

760629



16 OZ

\$10.59 / EA

Product Description

Manufacturer: MONARCH, Mfr. Product # 207822

Additional Description

GROUND, DRIED FRUIT OF THE CUMINUM CYMINUM PLANT. EARTHY, HOT AND TANGY FLAVOR AND PALE GREEN TO TAN COLOR. SIMILAR IN APPEARANCE TO CARAWAY SEED BEFORE GRINDING. USE HAS INCREASED DRAMATICALLY DUE TO GROWING POPULARITY FOR MEXICAN, INDIAN AND NORTH AFRICAN FOODS. KOSHER UNION ORTHODOX.

Ingredients

GROUND CUMIN SEEDS

Preparation & Cooking

Preparations and Cooking Instructions

Best when used during the cooking process. Start with 1/8th tsp. per serving and adjust from there. Unless a strong cumin flavor is desired, use sparingly as this spice is potent and will dominate other flavors.

Handling Instructions

Store in a cool, dark, dry place. Shelf life 2 years.

Serving Suggestions:

Ground Cumin is an essential ingredient in Mexican and Indian cooking. Use it in rice and curry dishes, chili, nachos, meatballs, guacamole, eggs and omelets, pork, lamb, chicken couscous, barbecue sauces and vegetables. For a unique flavor, try in breads and sweet baked goods.

All product information contained herein is subject to change, including pricing, promotions and nutritional. For current information at the time of purchase, please contact your sales associate.



Attached Divisions	56	Primary ASYS #	0760397
Super Class	2 - GROCERY - DRY	Secondary ASYS #	
Class	22 - GROCERY, DRY	Primary PSYS #	207430
Category	177 - SALT, SPICES & ADDITIVES, BULK	Product Master #	3021613
Group	3340 - SPICES	USF Product #	16542
Manufacturer Number	653 - ACH FOOD COMPANIES INC	Manufacturer Product #	207192
Manufacturer GLN Number	653	Item ID	12352819
Minority Code	1 - NA	Cash and Carry Eligible	Yes
Brand Name	MONARCH		
Brand Type	2 - Exclusive		
Country of Origin - Grown/Harvested	US - United States		
Country of Origin - Processed			

Core

Product Description	SPICE, OREGANO LEAF DRIED PLASTIC SHAKER SHELF STABLE SEASONING	Catch Weight Item	No
Manufacturer Description	WHOLE OREGANO LEAVES - HOJAS DE OREGANO ENTERAS	Sales Pack Size	5 OZ
Customer Description		Purchase Pack Size	6/5 OZ
ASYS Description	SPICE, OREG LEAF DRIED PLST	Sales UOM	EA
Retail Description	SPICE, OREG LEAF	Smallest Sales Pack Unit	EA
Additional Description	WHOLE, DRIED LEAVES OF THE OREGANO PLANT. AS A MEMBER OF THE MINT FAMILY, IT HAS A SLIGHT MINT FLAVOR, ALONG W/ PUNGENT AND BITTER UNDERTONES. STRONG AND AROMATIC, IT IS GREEN IN COLOR AND HAS SLIGHTLY SMALLER LEAVES THAN PARSLEY; OFTEN CALLED THE PIZZA HERB.	Each Conversion Factor	1
		Smallest Sales Pack USF Product #	
		Kosher	Yes
		Halal	
		Child Nutrition Certificate	No
		Beef Grade	
		Certified Angus Beef	No
		LFTB and BLBT Free	
		Trans Fat Free	Yes
Brand Owner Name	US Foods	Organic	No
SCC	50758108087502	Made from Renewable Resources	No
GTIN	N/A	Recyclable	No
Barcode Attribute		Cage Free	
Retail UPC	758108087507	Rainforest Alliance Certified	
Replacement USF Product Number		No FSE	No
Pre-Frozen USF Product Number		CES Catalog Page Number	
Status	Active		
PIM Add Date	09/08/2005		
Discontinued Date			
Meat Buyers Guide			
Approved Manufacturers	000653 ACH FOOD COMPANIES INC		

Operation

Purchase Pack Depth	7.625 inches	Sales Pack Depth	3.813 inches
Purchase Pack Width	8.313 inches	Sales Pack Width	2.771 inches
Purchase Pack Height	8.188 inches	Sales Pack Height	8.188 inches
Net Weight	.31 lbs	Volume	.3 cubic feet
Gross Weight	.52 lbs	Shelf Life	730 days
Bill of Lading Code	997 - FOODSTUFFS	Guaranteed Shelf Life	
Storage Code	10 - DRY FOOD	Code Date Flag	Yes
Star Category	14:003 - COMMODITY	Basis	
	INGREDIENTS:SPICES/SEASONS/COLORINGS	Mfr Pallet Hi	4
RRE Flag	No	Mfr Pallet Ti	20
Hazardous	No		
Handling Instructions	Store in a cool, dark, dry place. Shelf life 2 years.		



MCCORMICK

Spice

PEPPER BLACK GROUND FINE PLASTIC SHAKER PURE

5395959

18 OZ

\$12.58 / EA

Product Description

Manufacturer: MCCORMICK & COMPANY INC, Mfr. Product # 900223221

Ingredients

BLACK PEPPER.

All product information contained herein is subject to change, including pricing, promotions and nutritionals. For current information at the time of purchase, please contact your sales associate.



PEPPER BLACK GROUND FINE PLASTIC SHAKER PURE

MCCORMICK

18 OZ

Manufacturer: MCCORMICK & COMPANY INC

5395959

\$12.58 / EA

Manufacturer Product #: 900223221

Shipping Information:

Physical Attributes					
Gross Weight:	1.35 LB	Height:	8.313 IN	Length:	2.81 IN
Net Weight:	1.12 LB	Width:	2.67 IN	Cube:	.036 CF
Catch Weight:	NO				

Storage Information	
Min. Temperature:	33 FA
Max. Temperature:	90 FA

All product information contained herein is subject to change, including pricing, promotions and nutritional. For current information at the time of purchase, please contact your sales associate.



PEPPER BLACK GROUND FINE PLASTIC SHAKER PURE

MCCORMICK

18 OZ

Manufacturer: MCCORMICK & COMPANY INC

5395959

\$12.58 / EA

Manufacturer Product #: 900223221

Nutritional Facts			
Serving Size g (100g)			
Servings Per Container			
Amount Per Serving			
Calories 255	Calories from Fat 0		
	% Daily Value *		
Total Fat 3g	5%		
Saturated Fat 1g	4%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 44mg	1%		
Total Carbohydrate 65g	21%		
Dietary Fiber 27g	0%		
Sugars 1g			
Protein 11g			
Vitamin A	5%		
Vitamin C	35%		
Calcium	43%		
Iron	160%		
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375mg
Dietary Fiber		25g	30mg
Supplemental Facts			
	% Daily Value *		
<i>None Specified at this time</i>			
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			

Allergens				
ALLERGEN	DOES NOT CONTAIN	CONTAIN	MAY CONTAIN	NO DATA
Crustacean				●
Eggs				●
Fish				●
Gluten				●
Lactose				●
Milk				●
Mustard				●
Peanuts				●
Soy				●
Tree nuts				●
Wheat				●

Marketing Claims
• This product is kosher

Nutritional Disclaimer
US Foods, Inc. obtains nutritional information from claims made by the product manufacturer(s). Although we have made every effort to be as accurate as possible, manufacturers frequently change formulations and it may take some time to get our records updated to reflect these changes. We suggest you continue to read product labels as we cannot guarantee the information posted here is 100% accurate and current and as such cannot be responsible for individual reactions to any products listed here. In addition, any product images displayed are for reference only and may not reflect the most current packaging.
When precise nutritional information is important, our data is not a substitute for reading the label on the products you purchase or for contacting the manufacturer directly for additional details.



Attached Divisions	56	Primary ASYS #	0760397
Super Class	2 - GROCERY - DRY	Secondary ASYS #	
Class	22 - GROCERY, DRY	Primary PSYS #	207430
Category	177 - SALT, SPICES & ADDITIVES, BULK	Product Master #	3021613
Group	3340 - SPICES	USF Product #	16542
Manufacturer Number	653 - ACH FOOD COMPANIES INC	Manufacturer Product #	207192
Manufacturer GLN Number	653	Item ID	12352819
Minority Code	1 - NA	Cash and Carry Eligible	Yes
Brand Name	MONARCH		
Brand Type	2 - Exclusive		
Country of Origin - Grown/Harvested	US - United States		
Country of Origin - Processed			

Nutritional Values

QTY UOM RDV		QTY UOM RDV		QTY UOM RDV		QTY UOM RDV		ALLERGENS	
Recommended Serving Size	g	Polyunsaturated Fat	g	Potassium	mg	Omega 3		Crustacean	Not Known
Serving Size	.2 g	Monounsaturated Fat	g	Magnesium	mg	Acids		Eggs	Not Known
Servings per Trade Item		Other Carbohydrates	g	Pantothenic Acid		Omega 6		Fish	Not Known
Calories per Serving	0	Ash	g	Biotin		Acids		Milk	Not Known
Calories from Fat per Serving	0	Zinc	mg	Riboflavin	mg	Vitamin B6		Mustard	Not Known
Total Fat	0 g 0%	Iodine		Niacin		Vitamin B12		Peanuts	Not Known
Saturated Fat	0 g 0%	Folate	mcg	Niacin Equivalent		Vitamin B12		Soy	Not Known
Trans Fat	0 g	Phosphorous	mg	Thiamin	mg	Vitamin Beta-Carotene		Tree Nuts	Not Known
Cholesterol	0 mg 0%			Copper	mg	Vitamin D		Wheat	Not Known
Sodium	0 mg 0%			Soluble Fiber	g	Vitamin E		Allergen Relevant Data	
Total Carbohydrates	0 g 0%			Insoluble Fiber	g	Vitamin K		Provided	
Dietary Fiber	0 g 0%			Alcohol		Organic	No	Allergen Relevant Data	
Total Sugar	0 g			Alcohol		Organic Claim		Provided Date	
Protein	0 g			Water	g	Agency			
Calcium	mg 0%					Organic Trade Item Code		C L A I M S	Yes/No
Iron	mg 0%					Child Nutrition Certificate	No	Cholesterol Free	
Vitamin C	0%							Fat Free	
Vitamin A	0%							Low Fat	
Nutrient Relevant Data Provided								Gluten Free	Yes
Nutrient Relevant Data Provided Date								Lactose Free	
								MSG Free	
								Trans Fat Free	Yes
								No Sugar Added (NSA)	
								No Added Synthetic Hormones	
								Cup Weight in Grams	
								Drained Weight(lb)	
								Manganese	
								Manganese UOM	
								Molybdenum	
								Molybdenum UOM	
								Selenium	
								Selenium UOM	

Ingredients OREGANO LEAVES

Merchandising

Merchandising Business Unit Name	GROCERY & DAIRY - 100001	GMO Free	
Merchandising Director Name	FROZEN - PREPARED, GROCERY & BAKERY - 10001	Made from Renewable Resources	
Merchandising Desk Name	POTATOES, SOUPS AND SPICES -	Recyclable	No
		Low in Environmental Toxins(Seafood)	
		Manufactured without Chlorine or Chlorine Compounds	
		Marine Stewardship Council Certified	
		Minimally Processed	
		No Added Synthetic Hormones	
		No Organohalogenes Added to Product	
		Protected Harvest Certified	

Merchandising Category Name	1004	Rainforest Alliance Certified
Merchandising Business Unit Associate	SALT, PEPPER & SPICES - 258	Raised without Arsenic
Merchandising Director Associate	DOUGHERTY-	rBST Free
Merchandising Desk Associate	GROCERY	Salmon Safe
LFTB and BLBT Free	HENNEN	USDA Certified Biobased Produc
All Natural	PULLINS	Vegetarian
Animal Welfare Approved		Vegan
Aquaculture Certification Council Certified		Lacto-Ovo Vegetarian
Bird Friendly		Real Seal Dairy
Cage Free		Antibiotic Free
Certified by USDA to Contain 95 percent or greater biobased content		Contains Gelatin
Certified Humane		Real Seal Dairy
Certified Processed Chlorine Free or Totally Chlorine Free		
Biodegradable		
Contains 100% Biobased Coatings		
Contains greater than 10 percent post-consumer recycled content		
Does Trade Item Contain Latex		
Environmental Choice Eco-Logo Certified		
Fair Trade Certified		
Food Alliance Certified		
Forest Stewardship Council Certified		
Free Range		
Grass Fed		
Green Restaurant Association Endorsed		
Green Seal Certified		
Product Search Keywords		
Benefits		
Serving Suggestions	Works great in most Italian and Greek dishes. Also an important seasoning for many Mexican dishes. Perfect for spaghetti, pizza or any other red based sauce. Try sprinkled on eggplant, chicken, seafood and fish, pork or turkey. Makes a great herbed butter for bread and makes cornbread and biscuits tasty and appealing.	
Preparation Instructions	For full flavor development, add at the beginning of the cooking process but reserve a fourth of the Oregano and stir in the last 10-15 minutes of cooking. Start by using 1/4 tsp. per serving and adjust from there.	



Attached Divisions	56	Primary ASYS #	0760397
Super Class	2 - GROCERY - DRY	Secondary ASYS #	
Class	22 - GROCERY, DRY	Primary PSYS #	207430
Category	177 - SALT, SPICES & ADDITIVES, BULK	Product Master #	3021613
Group	3340 - SPICES	USF Product #	16542
Manufacturer Number	653 - ACH FOOD COMPANIES INC	Manufacturer Product #	207192
Manufacturer GLN Number	653	Item ID	12352819
Minority Code	1 - NA	Cash and Carry Eligible	Yes
Brand Name	MONARCH		
Brand Type	2 - Exclusive		
Country of Origin - Grown/Harvested	US - United States		
Country of Origin - Processed			

Images





CUMIN GROUND PLASTIC SHAKER SHELF STABLE SEASONING

MONARCH

16 OZ

Manufacturer: MONARCH

760629

\$10.59 / EA

Manufacturer Product #: 207822

Shipping Information:

Physical Attributes					
Gross Weight:	1.21 LB	Height:	8.188 IN	Length:	3.813 IN
Net Weight:	1 LB	Width:	2.771 IN	Cube:	.3 CF
Catch Weight:	NO				

Storage Information	
Min. Temperature:	33 FA
Max. Temperature:	90 FA

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CUMIN GROUND PLASTIC SHAKER SHELF STABLE SEASONING

MONARCH

16 OZ

Manufacturer: MONARCH

760629

\$10.59 / EA

Manufacturer Product #: 207822

Nutritional Facts			
Serving Size g (.7g)			
Servings Per Container			
Amount Per Serving			
Calories 0	Calories from Fat 0		
% Daily Value *			
Total Fat 0g	0%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 0mg	0%		
Total Carbohydrate 0g	0%		
Dietary Fiber 0g	0%		
Sugars 0g			
Protein 0g			
Vitamin A	0%		
Vitamin C	0%		
Calcium	0%		
Iron	1%		
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375mg
Dietary Fiber		25g	30mg
Supplemental Facts			
% Daily Value *			
<i>None Specified at this time</i>			
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			

Allergens				
ALLERGEN	DOES NOT CONTAIN	CONTAIN	MAY CONTAIN	NO DATA
Crustacean				●
Eggs				●
Fish				●
Gluten	●			
Lactose				●
Milk				●
Mustard				●
Peanuts				●
Soy				●
Tree nuts				●
Wheat				●

Marketing Claims
• This product is kosher

Nutritional Disclaimer
The nutritional and ingredient information provided is based on data US Foods, Inc. receives from manufacturers and may include information derived from third-party sources such as the United States Department of Agriculture. The information provided is representative and, as a result, there may be some slight differences between the information posted and the information on the product label with respect to ingredients and/or nutritional values. The most accurate and up to date source for product information is on the product label. US Foods, Inc. neither assumes any legal liability nor makes any warranty or guaranty, either express or implied, regarding the completeness, accuracy or usefulness of this information. Product images are provided for reference only and may not reflect current packaging.

Merchandising Business Unit Associate

Merchandising Director Associate

Merchandising Desk Associate

LFTB and BLBT Free

All Natural

Animal Welfare Approved

Aquaculture Certification Council Certified

Bird Friendly

Cage Free

Certified by USDA to Contain 95 percent or greater biobased content

Certified Humane

Certified Processed Chlorine Free or Totally Chlorine Free No

Biodegradable

Contains 100% Biobased Coatings

Contains greater than 10 percent post-consumer recycled content

Does Trade Item Contain Latex

Environmental Choice Eco-Logo Certified

Fair Trade Certified

Food Alliance Certified

Forest Stewardship Council Certified

Free Range

Grass Fed

Green Restaurant Association Endorsed

Green Seal Certified

Product Search Keywords

Benefits Great for sauteeing, olive oil taste without the price, higher heat stability.

Serving Suggestions N/A

Preparation Instructions N/A

OLIVE OIL
BLENDS -
215
DOUGHERTY-
GROCERY
BAXTER
TIELBUR

Rainforest Alliance Certified
Raised without Arsenic
rBST Free
Salmon Safe
USDA Certified Biobased Product
Vegetarian
Vegan
Lacto-Ovo Vegetarian
Real Seal Dairy
Antibiotic Free
Contains Gelatin
Real Seal Dairy



Attached Divisions	24	Primary ASYS #	7178205
Super Class	2 - GROCERY - DRY	Secondary ASYS #	7612195
Class	29 - OILS & SHORTENING	Primary PSYS #	293141
Category	328 - OIL, OLIVE & OLIVE BLENDS	Product Master #	1293340
Group	6390 - OIL, OLIVE BLENDS	USF Product #	1293342
Manufacturer Number	14916 - CATANIA SPAGNA CORP	Manufacturer Product #	11465
Manufacturer GLN Number	14916	Item ID	12472439
Minority Code	1 - NA	Cash and Carry Eligible	Yes
Brand Name	SICILIA		
Brand Type	1 - National		
Country of Origin - Grown/Harvested	US - United States		
Country of Origin - Processed			

Images





DICKINSON FROZEN FOODS, INC.

Nutritional Information



Blended Onion, Gree and Red Bell Pepper; IQF; 30 Lbs Case			
DFF Item Number:	105358	Revised:	17 October, 2016
Customer Code:		Supersedes:	New
Page 2 of 2	CONFIDENTIAL	QA Approval:	Manuel Juarez
<i>Dickinson Frozen Foods, Inc. 600 NW 21st Street (P.O. Box 1010), Fruitland, Idaho 83619 (208) 452-5200</i>			

Minerals

Calcium (mg)	12.95
Chromium (mcg)	--
Copper (mg)	0.06
Fluoride (mg)	--
Iodine (mcg)	1
Iron (mg)	0.41
Magnesium (mg)	9.31
Manganese (mg)	0.12
Molybdenum (mcg)	--
Phosphorus (mg)	21.91
Potassium (mg)	134.04
Selenium (mcg)	0.36
Sodium (mg)	3.01
Zinc (mg)	0.13

Poly Fats

Omega 3 Fatty Acid (g)	0.01
Omega 6 Fatty Acid (g)	0.09

Other Nutrients

Alcohol (g)	0
Caffeine (mg)	0
Choline (mg)	4.16

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USDA Foods Product Information Sheet

For Child Nutrition Programs



110724— Pepper/Onion Blend, No Salt Added, Frozen

Category: Vegetables
Subgroup: Other



PRODUCT DESCRIPTION

This item is a blend of U.S. Grade A frozen pepper strips with frozen onion strips. This product will include about an equal mix of red peppers, green peppers, and onions cut into 3/8 inch wide strips. This item is delivered frozen in a case with six 5-pound packages.

CREDITING/YIELD

- One case yields about 115 ½-cup servings of cooked, drained pepper/onion blend.
- CN Crediting: ½ cup cooked, drained pepper/onion blend credits as ½ cup other vegetable.

CULINARY TIPS AND RECIPES

- Add the pepper/onion blend to a variety of entrees to add color, flavor, and vegetable content to your meal.
- The pepper/onion blend can be used in dishes such as burritos, fajitas, stir fries, or served as a side dish when grilled and spiced.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or USDA's [Team Nutrition](#).

FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

NUTRITION FACTS

Serving size: 1/2 cup pepper/onion blend, cooked, without salt

Amount Per Serving

Calories 20

Total Fat 0g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 0mg

Sodium 8mg

Total Carbohydrate 5g

Dietary Fiber 1g

Sugars 3g

Protein 1g

Source: [USDA National Nutrient Database](#)

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer directly.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.