



Cinnamon ChexTM Bowlpak Cereal

Whole Grain Rice – First Ingredient. No high fructose corn syrup. Sweetened Rice Cereal with real cinnamon. No Artificial Colors & No Artificial Flavors. Gluten-Free. Whole Grain. 1 oz Eq. Grain.



Nutrition Information:

Serving Size:	1 Bowl (28g)	
Amount Per Serving:	As Packaged	
Calories	120	
Calories From Fat	25	
	% Daily Value*	
Total Fat	2.5g	4%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	170mg	7%
Potassium	40mg	1%
Total Carbohydrate	22g	8%
Dietary Fiber	1g	4%
Sugars	6g	
Protein	1g	
Vitamin A	8%	
Vitamin C	8%	
Calcium	8%	
Iron	40%	
Vitamin D	8%	
Thiamin	20%	
Riboflavin	20%	
Niacin	20%	
Vitamin B6	20%	
Folic Acid	45%	
Vitamin B12	20%	
Zinc	20%	

- * Percent Daily Value (DV) are based on a 2,000 calorie diet
- * Not a significant nutrient source
- * Nutritional information is subject to change. See product label to verify ingredients and allergens.
- *Do not eat raw dough or batter.

Product Information:

PRODUCT CODE: 38387000
UPC: 016000383876
GTIN: 10016000383873
UNIT SIZE: 1 OZ
CASE COUNT: 96
ATTRIBUTES:

Gluten-Free Whole Grain 1 oz. Eq. Grain No Artificial Flavors No Colors from Artificial Sources

Ingredients:

Whole Grain Rice, Rice, Sugar, Canola Oil, Salt, Rice Fiber, Cinnamon, Molasses, Natural Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), VitaminB2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

ALLERGENS:

Kosher



Preparation Instructions:

Single-serve ready to eat dry cereal

Package Information:

 NET WEIGHT
 N/A

 VOLUME:
 1.777 CF

 HEIGHT:
 14 IN

 LENGTH:
 16.87 IN

 WIDTH:
 13 IN

 CASE SIZE:
 1.777 CF

Product Information



FOODSERVICE

Cinnamon Toasters - small bowl pack

Malt-O-Meal	
Cinnamon Toasters	CIN-5.0BP
Bowl Pack	
Pack & Size	96 / 1 oz
Case	03915
Case GTIN	1 00 42400 03915 7
Shipping Weight (lbs.)	8.67
Case Cube (cu. ft.)	1.79
Case Dimensions LxWxH (inches)	16.56 x 13 x 14.38
Pallet: Tier (Cases per layer)	9
Pallet: Hi (Number of Layers)	3
Cases per pallet	27
Meets USDA Whole Grain Criteria	yes: 1st Ingredient = Whole Grain Wheat
Allergens Present	Wheat, Soy
County of Origin	USA

Real Cinnamon and sugar in every bite. Crispy, sweetended whole wheat and rice cereal. No Artificial Flavors. Contains 12 vitamins and minerals.

Top Seller - Meets K12 1 oz Equivalent Grain

All Family Favorite

Only 9g Sugar

Whole Grain Wheat 1st Ingredient

Smart Snack Qualified

1 oz equivalent grain

Vitamin Fortified

Actual Bowl Pack Lid pictured below



Nutrition Facts: Serv. Size 1 bowl (3/4 cup), Amount/Serv.: Cal. 120, Fat Cal. 30, Total Fat 3.5g (5%DV), Sat. Fat 0.5g (3%DV), Trans Fat 0g, Cholesterol 0mg (0%DV), Sodium 130mg (5%DV), Total Carb. 22g (7%DV), Dietary Fiber <1g (3%DV), Sugars 9g, Other Carb. 12g, Protein 1g, Vitamin A (10%DV), Vitamin C (10%DV), Calcium (10%DV), Iron (50%DV), Vitamin D (10%DV), Thiamin (25%DV), Riboflavin (25%DV), Niacin (25%DV), Vitamin B6 (25%DV), Folate (50%DV), Vitamin B12 (25%DV), Zinc (25%DV). *Percent Daily Values (DV) are based on a 2,000 calorie diet.

Ingredients: Whole grain wheat, sugar, rice flour, canola oil and/or partially hydrogenated soybean oil, fructose, maltodextrin, dextrose, salt, tricalcium phosphate, cinnamon, soy lecithin, trisodium phosphate, annatto and caramel color, natural flavor, vitamin C (sodium ascorbate), niacin (niacinamide), reduced iron, zinc (zinc oxide), vitamin A palmitate, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin D, vitamin B1 (thiamin mononitrate), vitamin B12, folate (folic acid). BHT (to preserve freshness). Contains wheat and soybean ingredients.

Complies With USDA Requirements For 1 Bread Equivalent Serving







1-800-743-3029 or visit us on the web at: maltomeal.com

NET WT 1.00 OZ (28g)

Distributed By: Malt-O-Meal Co., Minneapolis, MN 55402 Made in U.S.A. ©2011 Malt-O-Meal Co.



oz equivalent grain	1 oz
% Whole Grain	64%
< 6.99g non-creditable grains per 1 oz	√
≤ 150 calories	$\sqrt{}$
≤ 35% calories from fat	$\sqrt{}$
≤ 10% calories from saturated fat	$\sqrt{}$
≤ 35% sugar by weight	√
0g trans fat per serving	\checkmark
Smart Snack Qualified	$\sqrt{}$
Shelf Life (days)	365
Kosher Symbol	
Calories per serving	120
Total Fat	3.5g
Sodium	130mg
Total Carbs	22g
Dietary Fiber	<lg< th=""></lg<>
Sugar	9g
Protein	lg

Formulation Statement for Documenting Grains in School Meals

(Crediting Standards Based on Revised Exhibit A weights per oz equivalent)

Product Name: Malt-O-Meal Cinnamon Toasters Bowl Pack			Code No: 03915		
Manufacturer:	Post Consumer Brands			Serving Size:	1 oz
•	duct meet the Whole Gro 0-2012 Grain Requiremen	ain-Rich Criteria: Yes nts for National School Lunch	Program and Schoo	ol Breakfast Pi	rogram.)
(Products with	duct contain non-credita n more an .24oz equivale rain requirements for sch	ent or 3.99 grams for Groups A	ow many grams: A-G and 6.99 grams	for Group H c	5 of non-creditable grains may not credit
Exhibit A to de (Please be av Group A-G us	etermine if the product fi vare that different metho	odologies are applied to cald ams creditable grain per oz ed	oods), Group H (cere	eal grains) or ain compone	Group I (RTE breakfast cereals). ent based on creditable grains.
		Indicate which Exhibit A	Group (A-I) the Prod	luct Belongs:	I .
	ion of Product Buying Guide	Portion Size of Product as Purchased A	Weight of one of equvalent as lis SP 30-2012 B	sted in	Creditable Amount A ÷ B
RT	E Cereal	1	1		1
otal Creditable	Amount ¹				1
Total Creditable	e Amount must be round	led down to the nearest quar	ter (0.25) oz eq. Do	not round up	D.
	Total weight (per portion) of product as purchased:	1 oz		
	Total contributi	on of product (per portion)	1		oz equivalent
equivalent or 3.9 or school meals	eu Olson	or 6.99 grams for Group H of	non-creditable grai	ns may not c	redit towards the grain requirements
Merrilee Olson Printed Name	· 	SMART SNACKS PRODUCT CALCULATOR			ALLIANS FOR HEALTHIE
K12 Sales Manag Fitle 763-245-0853	ger	Smart Snacks Product Calculate	or Results		ion Facts
Phone #		Brand: Malt-O-Meal		Amount Per Se	1 oz (about 28.35 g) € erving
	-+	Product Name: Cinnamon Toasters Pack	Cereal Bowl	Calories 120 Total Fat (g)	Calories from Fat 1
Y	ost	Serving Size: 28.35 g		Saturated Trans Fat	Fat (g) 0.5 (g) 0
		First Ingredient: Whole Grain Wheat		Sodium (mg)	
FOOD	SERVICE	Your whole grain product nutrient standards.	ct meets all	Sugars (g)	9
		nument standards.		Vitamin D (%)	NA Potassium (%) N
				Calcium (%) N	NA Dietary Fiber (%) N

Product Information



Honey Scooters Special Edition - small bowl pack

Malt-O-Meal **Special Honey Scooters** HNK-1 BP **Bowl Pack Pack & Size** 96 / 1 oz Case 27597 Case GTIN 1 00 42400 27597 5 Shipping Weight (lbs.) 8.87 Case Cube (cu. ft.) 2.29 Case Dimensions LxWxH (inches) $16.56 \times 13 \times 18.38$ Pallet: Tier (Cases per layer) 9 Pallet: Hi (Number of Layers) 2 Cases per pallet 18 Meets USDA Whole Grain Criteria yes: 1st Ingredient = Whole Grain Oat Flour Allergens Present Wheat Country of Origin USA

A puffed toasted cereal in donut-shaped pieces with real honey. 6g sugar per 1 oz eq grain serving. Low fat. Contains 13 essential vitamins & minerals. No artificial flavors or certified synthetic colors. Smart Snack Qualified. NO NUTS.

Meets K12 1 oz Equivalent Grain

All Family Favorite

Only 6g Sugar - CACFP Qualified

Whole Grain Oat Flour 1st Ingredient

Smart Snack Qualified

1 bowl = 1 oz equivalent grain

13 essential vitamins & minerals
Good Source of: Vitamin A, Vitamin C, Calcium, Vitamin D, Phosphorus
Excellent source of: Iron, Thiamin, Riboflavin, Niacin, Vitamin B6, Folic Acid,
Vitamin B12, Zinc

This Honey Scooters - Special Edition cereal contains 25% less sugar than our regular Honey Scooters cereal.

NO NUTS

Actual Bowl Pack Lid pictured below



Nutrition Facts

Serving Size 1 bowl (28g)

Calories 110 Calories from Fat 15

*Percent Daily Values are based

Amount/Serving	%DV*	
Total Fat 1.5g	2%	
Saturated Fat Og	0%	
Trans Fat 0g		
Cholesterol Omg	0%	
Sodium 170mg	7%	

Amount/Serving	%DV*	
Potassium 75mg		
Total Carbohydrate 22g	7%	
Dietary Fiber 2g	8%	
Sugars 6g	10	
Protein 3g		

Vitamin A 10% • Vitamin C 10% • Calcium 10% • Iron 50% • Vitamin D 10% Thiamin 25% • Riboflavin 25% • Niacin 25% • Vitamin B6 25% • Folic Acid 50% • Vitamin B12 25% • Phosphorus 10% • Zinc 25%

Ingredients: Whole Grain Oat Flour, Sugar, Wheat Starch, Honey, Salt, Trisodium Phosphate, Caramel Color, Molasses, Natural Flavor. Vitamins & Minerals: Calcium Carbonate, Reduced Iron, Sodium Ascorbate (Vitamin C), Niacinamide (Vitamin B3), Zinc Oxide (source of zinc), Folic Acid, Pyridoxine Hydrochloride (Vitamin B6), Riboflavin (Vitamin B2), Vitamin A Palmitate, Thiamin Mononitrate (Vitamin B1), Vitamin B12, Vitamin D3.

Contains Wheat.

1 BOWL = 1 OZ EQUIVALENT GRAIN



1-800-743-3029 or visit us on the web at: **PostConsumerBrands.com**



NET WT 1 OZ (28g)



oz equivalent grain	1 oz
% Whole Grain	90%
< 6.99g non-creditable grains per 1 oz	V
≤ 150 calories	\checkmark
≤ 35% calories from fat	V
≤ 10% calories from saturated fat	V
≤ 35% sugar by weight	V
0g trans fat per serving	V
Smart Snack Qualified	$\sqrt{}$
Shelf Life (days)	365
Kosher Symbol	(U)
Calories per serving	110
Total Fat	1.5g
Sodium	170
Total Carbs	22g
Dietary Fiber	2g
Sugar	6g
Protein	3g

Formulation Statement for Documenting Grains in School Meals

(Crediting Standards Based on Revised Exhibit A weights per oz equivalent)

Product Name:	Malt-O-Meal Honey Scoo	ters <mark>Special Edition</mark> Bowl Pack		Code No: 27597	7
Manufacturer:	Post Consumer Brands			Serving Size: 1 oz	_
(Refer to SP 3		ents for National School Lunch		nool Breakfast Program	
(Products with	duct contain non-credit h more an .24oz equival train requirements for scl	lent or 3.99 grams for Groups A	ow many grams: A-G and 6.99 gran	ms for Group H of non	2.19 -creditable grains may not credit
Exhibit A to d (Please be an Group A-G u	letermine if the product to ware that different mether.	Grain Requirements for the No fits into Groups A-G (baked go nodologies are applied to calc ams creditable grain per oz en v volume or weight.)	oods), Group H (co culate servings of	ereal grains) or Group grain component ba	o I (RTE breakfast cereals). sed on creditable grains.
		Indicate which Exhibit A	Group (A-I) the Pr	oduct Belongs:	1
	tion of Product d Buying Guide	Portion Size of Product as Purchased A	Weight of on equvalent as SP 30-20 B	s listed in	Creditable Amount A ÷ B
RT	E Cereal	1	1		1
Total Creditable	Amount ¹				1
		ded down to the nearest qua	rter (0.25) oz eq. [Do not round up.	
	Total weight (per portion	n) of product as purchased:	1 oz	:	
		ion of product (per portion)	1	oz ed	ıuivalent
equivalent or 3.9 for school meals		-	non-creditable g	rains may not credit t	towards the grain requirements
Signature & Date		SMART SNACKS PRODUCT CALCULATOR			ALLIANCE FOR A
Merrilee Olson		PRODUCT CALCULATOR			HEALTHIER GENERATIO
Printed Name K12 Sales Mana Title	ger	Smart Snacks Product Calculato	r Results	Nutrition Serving Size 1 oz (ab	
<u>763-245-0853</u> Phone #		Brand: Malt-O-Meal		Servings Per Contai Amount Per Serving	ner
		Product Name: Honey Scooters Speci	al Edition	Calories 110	Calories from Fat 1
		Bowl Pack		Total Fat (g) 1.5	
	CT	Serving Size: 28.35 g		Saturated Fat (g) (0
	ost	First Ingredient:		Trans Fat (g) 0 Sodium (mg) 170	
		Whole Grain Oat Flour	•	Carbohydrates	
FOOR	SERVICE	Your whole grain product m		Sugars (g) 6	
FOOD	SERVICE	standards for entrees or sn	ack toods.	Vitamin D (%) NA	Potassium (%) NA
		15. 5(000)	A a	Calcium (%) NA	Dietary Fiber (%) NA

Product Informatio



Marshmallow Mateys Special Edition - small bowl pack

Malt-O-Meal **Edition** Marshmallow Mateys MRK-1 BP **Bowl Pack Pack & Size** 96 / 1 oz Case 27596 Case GTIN 1 00 42400 27596 8 Shipping Weight (lbs.) 8.87 Case Cube (cu. ft.) 2.29 Case Dimensions LxWxH (inches) $16.56 \times 13 \times 18.38$ Pallet: Tier (Cases per layer) 9 Pallet: Hi (Number of Layers) 2 Cases per pallet 18 Meets USDA Whole Grain Criteria yes: 1st Ingredient = Whole Allergens Present Wheat County of Origin USA

Puffed sweetened toasted whole grain oat cereal in anchor shaped pieces with marshmallows. Only 6g sugar per 1 oz eg grain serving. 12 essential vitamins and minerals

Top Seller - Meets K12 1 oz Equivalent Grain

All Family Favorite

6g Sugar

Whole Grain Oat Flour 1st Ingredient

1 bowl = 1 oz equivalent grain

Smart Snack Qualifited

12 Essential Vitamins & Minerals Good Source of: Vitamin A, Vitamin C, Calcium, Vitamin D Excellent Source of: Iron, Thiamin, Riboflavin, Niacin, Vitamin B6, Folic Acid, Vitamin B12, Zinc

Marshmallow Mateys - Special Edition Cereal contains 50% less sugar than our regular Marshmallow Mateys cereal.

Actual Bowl Pack Lid pictured below



Serving Size 1 bowl (28g)

Calories 110

Calories from Fat 15 *Percent Daily Values are based

Amount/Serving	%DV*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 270mg	11%

Potassium 75mg	2%
Total Carbohydrate 21g	7%
Dietary Fiber 2g	8%
Sugars 6g	
Protein 3g	
H. 350,5655 St. (550,666) St. (5.	Company of the company

%nv*

Vitamin A 10% • Vitamin C 10% • Calcium 10% • Iron 50% • Vitamin D 10% Thiamin 25% • Riboflavin 25% • Niacin 25% • Vitamin B6 25% • Folic Acid 50% • Vitamin B12 25% • Zinc 25%

Post Consumer Brands, LLC

SC BRANDS

Amount/Serving

Ingredients: Whole Grain Oat Flour, Sugar, Wheat Starch, Salt, Modified Cornstarch, Corn Syrup, Dextrose, Gelatin, Trisodium Phosphate, Artificial Flavor, Yellow 5, Red 40, Blue 1, Yellow 6, Vitamins & Minerals: Calcium Carbonate, Sodium Ascorbate (Vitamin C), Reduced Iron, Niacinamide (Vitamin B3), Zinc Oxide (source of zinc), Folic Acid, Pyridoxine Hydrochloride (Vitamin B6), Riboflavin (Vitamin B2), Vitamin A Palmitate, Thiamin Mononitrate (Vitamin B1), Vitamin B12, Vitamin D3. Contains Wheat.

PARTIALLY PRODUCED WITH GENETIC ENGINEERING

NET WT 1 OZ (28a)

1 BOWL = 1 OZ EQUIVALENT GRAIN

20802 Kensington Blvd.

Lakeville, MN 55044, USA

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1-800-431-7678 or visit us on the web at: PostConsumerBrands.com





oz equivalent grain	1 oz
% Whole Grain	90%
< 6.99g non-creditable grains per 1 oz	$\sqrt{}$
≤ 150 calories	$\sqrt{}$
≤ 35% calories from fat	$\sqrt{}$
≤ 10% calories from saturated fat	$\sqrt{}$
≤ 35% sugar by weight	√
0g trans fat per serving	$\sqrt{}$
Smart Snack Qualified	$\sqrt{}$
Shelf Life (days)	365
Kosher Symbol	none
Calories per serving	110
Total Fat	1.5g
Sodium	270mg
Total Carbs	21g
Dietary Fiber	2g
Sugar	6g
Protein	3g

Formulation Statement for Documenting Grains in School Meals

(Crediting Standards Based on Revised Exhibit A weights per oz equivalent)

Product Name:	Malt-O-Meal Marshmal	low Mateys Special Edition		Code No:	27596	
Manufacturer:	Post Consumer Brands			Serving Size:	1 oz	
	duct meet the Whole Gro 0-2012 Grain Requireme	nin-Rich Criteria: Yes nts for National School Luncl	n Program and Sch	ool Breakfast P	Program.)	
(Products with	duct contain non-credito In more an .24oz equivala rain requirements for sch	ent or 3.99 grams for Groups	low many grams: A-G and 6.99 gram	ns for Group H (2.16 of non-creditable grains may not credit	
Exhibit A to d (Please be av Group A-G us	etermine if the product fi ware that different methor	ts into Groups A-G (baked g odologies are applied to ca ams creditable grain per oz e	oods), Group H (ce Iculate servings of g	ereal grains) or grain compone	d School Breakfast Program: Group I (RTE breakfast cereals). ent based on creditable grains. 28 grams creditable grain	
		Indicate which Exhibit A	Group (A-I) the Pro	oduct Belongs:	1	
-	ion of Product I Buying Guide	Portion Size of Product as Purchased A	Weight of one equvalent as SP 30-20 B	listed in	Creditable Amount A ÷ B	
RT	E Cereal	1	1		1	
Total Creditable	Amount ¹				1	
1		ed down to the nearest que	arter (0.25) oz ea. D	o not round up		
) of product as purchased:	1 oz		.	
	•	on of product (per portion)	1 02		- oz equivalent	
	99 grams for Groups A-G				Products with more than 0.24 oz credit towards the grain requirements	
Signature & Date Merrilee Olson Printed Name	•	SMART SNACKS PRODUCT CALCULATOR			ALLIANCE ! HEALTH GENER,	
K12 Sales Manager Title 763-245-0853 Phone #		Smart Snacks Product Calculato Brand:	r Results		ion Facts oz (about 28.35 g) ⊕ Container	
		Malt-O-Meal Product Name: Marshmallow Mateys 9	Special Edition	Amount Per Serv	ving Calories from Fa	t 15
	act	Bowl Pack Serving Size: 28.35 g		Total Fat (g) 1.5 Saturated F	Fat (g) 0	_
Post		First Ingredient: Whole Grain Oat Flou	•	Sodium (mg) 2	270	_
FOOD	SERVICE (Your whole grain product me standards for entrees or sr		Sugars (g) 6	6	
1000	JER VICE	for entrees.	add. 100d5,	Vitamin D (%) N	•	
				<u> </u>		