9816

4 oz. Nonfat Blended Blueberry







PACKAGING			
SCC Code:	10078800112909	Item UPC:	078800112902
Kosher:		Servings Per Case:	1
Unit Quantity:	48	Unit Size:	4 OZ
Ambient Shelf Life:	N/A	Pallet High:	8
Refrigerated Shelf Life:	90 DAYS	Pallet Tie:	14
Frozen Shelf Life:		Case Net Weight (imperial):	12.50 LB
Case Gross Weight (imperial):	13.50 LB	Case Length (imperial):	13.00 IN
Case Width (imperial):	9.63 IN	Case Cube (feet):	0.51 CF
Case Height (imperial):	7.00 IN		

NUTRITION

Nutrition Facts	\$		
Serving Size 4 oz. (113 Servings Per Container	3 g) (113.4g) · 1		
Amount Per Servir	ıg		
Calories ⁹⁰			Calories from Fat ⁰
			% Daily Value
Total Fat 0 g			0%
Saturated Fat 0	g		0%
Trans Fat 0 g			
Cholesterol 0 mg			0%
Sodium 50 mg			2
Total Carbohydrate	e 19 g		6'
Dietary Fiber 0 g			0'
Sugars 15 g			
Protein ³ g			
\"\"\"\"\"\"\"\"\"\"\"\"\"\"\"\"\"\"\"		\ \tau_1 \ \ \tau_2 \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	2004
Vitamin A 0 %		Vitamin C	
Calcium 30 % Vitamin D 20 %		• Iron 0 %)
		• 0.000 - 1-2-2-4-1-1	V I
higher or lower depe	ending on your ca	a 2,000 calorie diet. alorie needs.	Your daily values may be
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat Cholesterol	Less than Less than	20g 300mg	25g 300mg
Sodium	Less than	2,400mg	2,400mg
Potassium	2000 (11011	3,500mg	3,500mg
Total Carbabudrata		300g	375g
Total Carbohydrate Dietary Fiber		25g	30g

GENERAL DESCRIPTION

The only national yogurt brand on the market produced with a 90-day shelf life, drastically reducing code-date issues. Offers a smooth, delicious flavor without the tart aftertaste common in many other yogurts. Made with real fruit, and sweetened with real sugar, no HFCS, artificial colors or flavors or gelatin. 4oz. serving = one Meat Alternate.

LIST OF INGREDIENTS

Cultured Pasteurized Grade A Nonfat Milk,Sugar,Water,Modified Corn Starch,Blueberry Juice Concentrate,Whey,Elderberry Juice(For color),Natural Flavors,Tricalcium Phosphate,Gellan Gum,Lemon Juice Concentrate,Potassium Sorbate(For freshness),Citric Acid,Carob Bean Gum,Vitamin D 3

Buffalo, NY

14225

PREPARATION AND COOKING INSTRUCTIONS

Keep refrigerated until ready to eat.

Upstate Niagara Foodservice 25 Anderson Cooperative, Inc. Poivision Rd.



MPC 9816

Swiss Yogurt - Nonfat - Blueberry NEW - Blended (4 oz.)

Serving Size Serving Per C	`	3,	
Amount Per S	erving		
Calories 90		Calories From Fat	0
		% Daily \	/alue *
Total Fat 0g			0%
Saturated I	Fat 0g		0%
Trans Fat	0g		
Cholesterol 0mg			
Sodium 50m	g		2%
Potassium 1	40mg		4%
Total Carboh	ydrate	19g	6%
Dietary Fib	er 0g		0%
Sugars 15	g		
Protein 3g			6%
Vitamin A	0%	● Vitamin C	0%
Calcium	30%	• Iron	0%
Vitamin D	20%	•	

INGREDIENTS

Cultured Pasteurized Grade A Nonfat Milk,

Sugar,

Water,

Modified Corn Starch,

Blueberry Juice Concentrate,

Whey,

Elderberry Juice(For color),

Natural Flavors,

Tricalcium Phosphate,

Gellan Gum,

Lemon Juice Concentrate,

Potassium Sorbate(For freshness),

Citric Acid,

Carob Bean Gum,

Vitamin D₃

4oz portion of this product equals one meat alternative

By my signature below, I certify that the above is true. Carolyn Podgurski, R.D.

Director of Research and Development Upstate Niagara Cooperative, Inc. March 10, 2016

Carolyn Podgurski, R.D.

9819

4 oz. Nonfat Blended Cherry Vanilla







PACKAGING			
SCC Code:	10078800112930	Item UPC:	078800112933
Kosher:		Servings Per Case:	1
Unit Quantity:	48	Unit Size:	4 OZ
Ambient Shelf Life:	N/A	Pallet High:	8
Refrigerated Shelf Life:	90 DAYS	Pallet Tie:	14
Frozen Shelf Life:		Case Net Weight (imperial):	12.00 LB
Case Gross Weight (imperial):	13.50 LB	Case Length (imperial):	13.00 IN
Case Width (imperial):	9.63 IN	Case Cube (feet):	0.51 CF
Case Height (imperial):	7.00 IN		

Nutrition Facts Serving Size 4 OZ. (11 Servings Per Container	3g) (113.4g)		
Amount Per Servin	ıg		
Calories 90			Calories from Fat ⁰
			% Daily Value
Total Fat 0g			0%
Saturated Fat 0	g		0%
Trans Fat 0 g			
Cholesterol 0 mg			0%
Sodium 50 mg			2%
Total Carbohydrate	e 19 g		6%
Dietary Fiber 0 g			0%
Sugars 15 g			
Protein 3 g			
Vitamin A 0 %		Vitami	n C 0 %
Calcium 30 %		• Iron () %
Vitamin D 20 %		•	
*Percent Daily Value higher or lower depe			et. Your daily values may be
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol Sodium	Less than	300mg	300mg
Potassium	Less than	2,400mg 3,500mg	2,400mg 3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

GENERAL DESCRIPTION

The only national yogurt brand on the market produced with a 90-day shelf life, drastically reducing code-date issues. Offers a smooth, delicious flavor without the tart aftertaste common in many other yogurts. Made with real fruit, and sweetened with real sugar, no HFCS, artificial colors or flavors or gelatin. 4oz. serving = one Meat Alternate.

LIST OF INGREDIENTS

Cultured Pasteurized Grade A Nonfat Milk, Sugar, Water, Modified Corn Starch, Whey, Natural Flavors, Purple Carrot Concentrate, Tricalcium Phosphate, Gellan Gum, Potassium Sorbate (For freshness), Citric Acid, Annatto, Carob Bean Gum, Vitamin D 3

PREPARATION AND COOKING INSTRUCTIONS

Keep refrigerated until ready to eat.

Upstate Niagara Cooperative, Inc.

Foodservice Division

25 Anderson Rd.

Buffalo, NY 14225



MPC 9819 Upstate Farms - Swiss Yogurt - Nonfat - Cherry Vanilla - Blended (4 oz.)

Serving Size Serving Per C	`	37	
Amount Per S	Serving		
Calories 90) (Calories From Fa	t 0
		% Daily	y Value *
Total Fat 0g			0%
Saturated	Fat 0g		0%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium 50m	ng		2%
Potassium 1	40mg		4%
Total Carboh	ydrate 1	9g	6%
Dietary Fib	er 0g		0%
Sugars 15	5g		
Protein 3g			6%
Vitamin A	0%	Vitamin C	0%
Calcium	30%	• Iron	0%
Vitamin D	20%	•	

INGREDIENTS

Cultured Pasteurized Grade A Nonfat Milk,

Sugar,

Water,

Modified Corn Starch,

Whey,

Natural Flavors,

Purple Carrot Juice Concentrate,

Tricalcium Phosphate,

Gellan Gum,

Potassium Sorbate(For freshness),

Citric Acid,

Annatto,

Carob Bean Gum,

Vitamin D 3

4oz portion of this product equals one meat alternative

By my signature below, I certify that the above is true. Carolyn Podgurski, R.D. Director of Research and Development Upstate Niagara Cooperative, Inc. March 10, 2016

Carolyn Podgurski, R.D.

9815

4 oz. Nonfat Blended Strawberry







DA OKA ONIO			
PACKAGING			
SCC Code:	10078800112893	Item UPC:	078800112896
Kosher:		Servings Per Case:	1
Unit Quantity:	48	Unit Size:	4 OZ
Ambient Shelf Life:	N/A	Pallet High:	8
Refrigerated Shelf Life:	90 DAYS	Pallet Tie:	14
Frozen Shelf Life:		Case Net Weight (imperial):	12.00 LB
Case Gross Weight (imperial):	13.50 LB	Case Length (imperial):	13.00 IN
Case Width (imperial):	9.63 IN	Case Cube (feet):	0.51 CF
Case Height (imperial):	7.00 IN		
PRODUCT CLAIMS			
A Fat Free Food		Cholesterol Free	
Cholesterol Free Food		Gluten Free	
Healthy		Low Calorie	

NUTRITION

NUTRITION						
Nutrition Facts Serving Size 4 oz.(113 Servings Per Container	sg) (113.4g)					
Amount Per Servir	ng					
Calories ⁹⁰					Calories from Fa	at O
					% Daily \	/alue
Total Fat 0 g						0%
Saturated Fat 0	 g					0%
Trans Fat 0 g						
Cholesterol 0 mg						0%
Sodium 50 mg						2%
Total Carbohydrate	e 19 g			-		8%
Dietary Fiber 0 g						0%
Sugars 15 g						
Protein 3 g						
_						
Vitamin A 0 %			Vitar	min C 2	%	
Calcium 30 %		•	Iron	0 %		
Vitamin D 20 %		•				
*Percent Daily Value higher or lower depe		calorie ne		diet. You	ur daily values may	be
Total Fat Sat Fat Cholesterol Sodium Potassium Total Carbohydrate	Less than Less than Less than Less than	65 20 30 2, 3, 3,	5g		80g 25g 300mg 2,400mg 3,500mg 375g 30g	

GENERAL DESCRIPTION

The only national yogurt brand on the market produced with a 90-day shelf life, drastically reducing code-date issues. Offers a smooth, delicious flavor without the tart aftertaste common in many other yogurts. Made with real fruit, and sweetened with real sugar, no HFCS, artificial colors or flavors or gelatin. 4oz. serving = one Meat Alternate.

LIST OF INGREDIENTS

Cultured Pasteurized Grade A Nonfat Milk, Sugar, Water, Strawberries, Modified Corn Starch, Whey, Natural Flavors, Tricalcium Phosphate, Gellan Gum, Potassium Sorbate (for freshness), Citric Acid, Purple Carrot Juice Concentrate (for color), Carob Bean Gum, Vitamin D3

PREPARATION AND COOKING INSTRUCTIONS

Ready to Eat. Keep refrigerated until ready to eat.

Upstate Niagara Foodservice Cooperative, Inc. Foodservice Division

25 Anderson Rd.

Buffalo, NY 14225



MPC 9815 Upstate Farms - Swiss Yogurt - Nonfat - Strawberry - Blended (4 oz.)

Serving Size Serving Per C	4oz. (11	0,	
Amount Per S	Serving		
Calories 90) C	alories From Fat	0
		% Daily V	alue *
Total Fat 0g			0%
Saturated	Fat 0g		0%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium 50m	ng		2%
Potassium 1	40mg		4%
Total Carbon	ydrate 19)g	6%
Dietary Fil	per 0g		0%
Sugars 15	 5g		
Protein 3g			6%
Vitamin A	0%	Vitamin C	2%
Calcium	30%	Iron	0%
Vitamin D	20%	•	
*Percent Dai 2,000 calorie		are based on a	

INGREDIENTS

Cultured Pasteurized Grade A Nonfat Milk,

Sugar,

Water,

Strawberries,

Modified Corn Starch,

Whey,

Natural Flavors,

Tricalcium Phosphate,

Gellan Gum,

Potassium Sorbate(For freshness),

Citric Acid,

Purple Carrot Juice Concentrate(for Color),

Carob Bean Gum

Vitamin D 3

4oz portion of this product equals one meat alternative

By my signature below, I certify that the above is true.

Carolyn Podgurski, R.D.

Director of Research and Development

Upstate Niagara Cooperative, Inc.

March 10, 2016

Carolyn Podgurski, R.D.