



McCain® HARVEST SPLENDOR™ SAVORY SWEET POTATO FRY 5/16"
USDA School Lunch Meal Planning Nutrition Facts
1000004309



Meets Smart Snack Qualification: No
Meets Buy American Qualification: Yes
Country of Origin: USA
Religious Certification(s): Kosher

Nutrition Facts

about 77 servings per container
Serving Size 3.09 oz (88g)

Amount Per Serving

Calories **160**

		% DV*
Total Fat	7g	9%
Saturated Fat	1g	5%
Trans Fat	0g	
Polyunsaturated Fat	3g	
Monounsaturated Fat	2.5g	
Cholesterol	0mg	0%
Sodium	190mg	8%
Total Carbohydrates	25g	9%
Dietary Fiber	1g	4%
Total Sugars	7g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	0.5mg	2%
Potassium	280mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Sweet Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Potato Starch - Modified, Corn Starch - Modified. Contains 2% or less of Corn Fiber, Dextrin, Extractive of Paprika (color), Extractive of Turmeric (color), Garlic Powder, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Onion Powder, Pea Fiber, Rice Flour, Salt, Sodium Acid Pyrophosphate Added To Maintain Color, Spice and Coloring, Spices, Sugar, Xanthan Gum, Yeast Extract.

Per FBG, one frozen serving portion (1/2 cup cooked vegetable) equals 3.09 oz of sweet potato straight cut fries.

USDA Food Buying Guide (FBG) for Child Nutrition Programs

Product: Sweet Potatoes, Fries, frozen Straight Cut

USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100
1 Pound	11.5	1/4 cup cooked vegetable	8.7

McCain Equivalent per Bag

FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100
2.5 Pounds	12.78	1/2 cup cooked vegetable	7.82

McCain Equivalent per Case

FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100
15 Pounds (6 Bags per Case)	76.70	1/2 cup cooked vegetable	1.30

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces/ raw portion of creditable ingredient	multiply	FBG yield /servings /unit	Creditable Amount**
Potatoes, Sweet, Fries, frozen; Straight	2.79 oz by weight	X	11.5/16	2.000
A. Total Creditable Amount				2.000

**Creditable amount-multiply ounces per raw portion of creditable ingredient by the FBG yield information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter cup to cup conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cup	3.0 Quarter Cups = 3/4 Cup

I certify that this information is true and correct.

8/2/2023
 Date

Darcy Kilpatrick
 Darcy Kilpatrick
 Research and Development



McCain® Harvest Splendor® Savory Seasoned Sweet Potato Regular Fries 5/16" XL

The tender texture of traditional sweet potato cuts with a savory seasoning that delivers a remarkable, unique flavor.

PRODUCT DETAILS

GENERAL:

Packaging: 6/2.5 lb.

Best if used within 730 days of production date

Servings size: 3 oz (85g)

Servings per container: 80

CASE:

Net weight case 15 lbs.

Gross weight case 16.19 lbs.

PRODUCT CODES:

SKU 1000004309

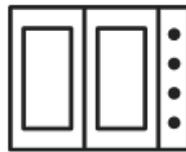
GTIN (Unit) 10072714003384

GTIN (Case) 10072714003384

PREPARATION

GENERAL CAUTIONS:

Product must be fully cooked for food safety and quality. Cook from frozen state using recommended time and temperature. Do not overcook! Not recommended for cooking in a microwave oven.



BAKE -

CONVECTION

Temp (°F): 425

Instructions:

Preheat oven to 425°F. Spread frozen fries in a single layer on a baking pan. Single tray (1 bag - 2.5 lbs) bake for 8 to 12 minutes, turning once halfway through for uniform cooking. Full oven (5 trays - 15 lbs) bake for 34 to 38 minutes. Turning once halfway through for uniform cooking.

ADULT NUTRITION FACTS

80 servings per container

Serving Size **3 oz (85g)**

Amount Per Serving

Calories	160
Total Fat 6g	8%
Saturated Fat 1g	5%
Mono Unsaturated Fat 2.5g	
Poly Saturated Fat 3g	
Trans Fat 0g	
Cholesterol 0g	0%
Sodium 180mg	8%
Total Carbohydrate 24g	9%
Dietary fiber 1g	4%
Total Sugars 7g	
Added Sugars 0g	0%
Protein 1g	3%
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 0.5mg	2%
Potassium 270mg	6%

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