

Smart Snacks Product Calculator Results

Brand:
Garber-DeConna

Product Name:
**Chocolate-Vanilla RF Ice Cream
Cone**

Serving Size:
82.00 g

First Ingredient:
Milk

Your non-beverage dairy product meets all
nutrient standards for entrees or snack
foods.

Nutrition Facts

Serving Size 82.00 g ⓘ

Servings Per Container

Amount Per Serving

Calories 160

Total Fat (g) 3.5

Saturated Fat (g) 1.5

Trans Fat (g) 0

Sodium (mg) 115

Carbohydrates

Total Sugars (g) 18

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.

4oz. Reduced Fat-Chocolate and Vanilla Cone-GAR352



INGREDIENTS: MILK, NONFAT MILK, CONE (BLEACHED WHEAT FLOUR, MOLASSES, CANOLA OIL, SALT, SOY LECITHIN, CARAMEL COLOR), LIQUID SUGAR (SUGAR, WATER), CORN SYRUP, CHOCOLATE COATING (PALM OIL, SUGAR, SOYBEAN OIL, COCOA, WHEY POWDER, COCOA [PROCESSED WITH ALKALI], SOY LECITHIN, NATURAL FLAVOR), WHEY, MALTODEXTRIN, COCOA POWDER (COCOA [PROCESSED WITH ALKALI]), MONO & DIGLYCERIDES, GUAR GUM, CELLULOSE GUM, NATURAL AND ARTIFICIAL VANILLA FLAVOR, CARRAGEENAN, VITAMIN A PALMITATE.

CONTAINS: MILK, SOY, WHEAT

Nutrition Facts	
1 servings per container	
Serving size	1 Cone (82g)
Amount Per Serving	
Calories	160
	% Daily Value*
Total Fat 3.5g	4%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 115mg	5%
Total Carbohydrate 31g	11%
Dietary Fiber 1g	4%
Total Sugars 18g	
Includes 12g Added Sugars	24%
Protein 4g	8%
Vitamin D 0mcg	0%
Calcium 104mg	8%
Iron 1.08mg	6%
Potassium 282mg	6%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	