



Smart Snacks Product Calculator Results

Brand:

Garber-DeConna

Product Name:

Lemon Lime Sherbet Cup

Serving Size:

75.00 g

First Ingredient:

Skim Milk

Your non-beverage dairy product meets all nutrient standards for entrees or snack foods.

Nutrition Facts Serving Size 75.00 g Servings Per Container	
Amount Per Serving	
Calories 120	
Total Fat (g) 1.5	
Saturated Fat (g) 1	
Trans Fat (g) 0	
Sodium (mg) 20	
Carbohydrates	
Total Sugars (g) 19	
Vitamin D (%) NA	Potassium (%) NA
Calcium (%) NA	Dietary Fiber (%) NA

The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.

LEADING THE WAY FOR CHILDREN'S HEALTH

4 oz. Lemon Lime Sherbet Cup-GAR020



INGREDIENTS: SKIM MILK, WATER, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, CREAM, STABILIZER (MONO & DIGLYCERIDES, GUAR GUM, CELLOULOSE GUM, CARRAGEENAN), NATURAL LEMON FLAVOR, [WATER, SUGAR, CITRIC ACID, XANTHAN GUM, CERTIFIED FOOD COLOR (FD&C YELLOW #5)], NATURAL LIME FLAVOR [WATER, SUGAR, CITRIC ACID, MODIFIED CORN STARCH, CERTIFIED FOOD COLORS (FD&C YELLOW #5 BLUE #1), XANTHAN GUM], CITRIC ACID.

Nutrition 1 servings per container Serving size Amount Per Serving	
Calories	120
	% Daily Value
Total Fat 1.5g	2%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol < 5mg	2%
Sodium 20mg	1%
Total Carbohydrate 25g	9%
Dietary Fiber 0g	0%
Total Sugars 19g	
Includes 0g Added Suga	ons 0%
Protein 1g	2%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

CONTAINS MILK