



## Smart Snacks Product Calculator Results

Brand:

**Garber-DeConna** 

Product Name:

Vanilla No Sugar Added FF Ice Cream Cup

Serving Size:

70.00 g

First Ingredient:

Skim Milk

Your non-beverage dairy product meets all nutrient standards for entrees or snack foods.

| Nutrition Facts Serving Size 70.00 g 6 Servings Per Container |                      |
|---|----------------------|
| Amount Per Serving  |                      |
| Calories 70   |                      |
| Total Fat (g) 0   |                      |
| Saturated Fat (g) 0   |                      |
| Trans Fat (g) 0   |                      |
| Sodium (mg) 60  |                      |
| Carbohydrates   |                      |
| Total Sugars (g) 5  |                      |
| Vitamin D (%) NA  | Potassium (%) NA     |
| Calcium (%) NA  | Dietary Fiber (%) NA |

The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.

LEADING THE WAY FOR CHILDREN'S HEALTH

## 4 oz. Fat Free NSA Vanilla Cup GAR-007



INGREDIENTS; SKIM MILK, MILK, MALTODEXTRIN, POLYDEXTROSE, SORBITOL, NONFAT DRY MILK, WHEY POWEDER, STABILIZER (GUAR GUM, MONO & DIGLYCERIDES, XANTHAN GUM, CARRAGEENAN, DEXTROSE), NATURAL AND ARTIFICIAL VANILLA FLAVOR, SUCRALOSE, VITAMIN A PALMITATE.

PALMITATE.

**CONTAINS MILK** 

| Nutrition F              | acts                          |
|--------------------------|-------------------------------|
| 1 servings per container |                               |
|                          | Cup (70g)                     |
| Amount Per Serving       |                               |
| Calories                 | 70                            |
|                          | % Da <mark>i</mark> ly Value* |
| Total Fat 0g             | 0%                            |
| Saturated Fat 0g         | 0%                            |
| Trans Fat 0g             |                               |
| Cholesterol 0mg          | 0%                            |
| Sodium 60mg              | 3%                            |
| Total Carbohydrate 16g   | 6%                            |
| Dietary Fiber 3g         | 11%                           |
| Total Sugars 5g          |                               |
| Includes 0g Added Sugars | 0%                            |
| Sugar Alcohol 2g         |                               |
| Protein 3g               | 6%                            |
| Vitamin D 0mcg           | 0%                            |
| Calcium 130mg            | 10%                           |
| Iron 0mg                 | 0%                            |
| Potassium 0mg            | 0%                            |
|                          |                               |

The % Daily Value (DV) tells you how much a nutrient in a

serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.